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# SALIENT MESSAGE OF SUFISM

# SYED GHULAM HAIDER SHAH QALANDARI



Anjuman Ghulaman-e-Qalandar Welfare Sindh

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# **DEDICATION**

I dedicate this valuable Book to my Spiritual and pen son Sher khan Panhwar. Also, to Saeen Altaf Hussain Malkani (an author, humanist and a darvesh personality) who spared his precious time supervise the publication process of this book without any worldly interest only for the pleasure of Allah.

Syed Ghulam Haider Shah Qalandari.

While still recovering from a throat surgery, his deep love and reverence for his Murshid Qalandar Saeen (Hazrat La'al Shahbaz Qalandar (RA) brought him to attend the annual congregation of the Anjuman Ghulaman-e-Qalandar on October 22, 2000. He was so weak that his followers had to hold him while he ascended the 10-feet high stage. Despite all the adverse conditions, he gave a concise and comprehensive speech, and said, "There is nothing more important to me than my Master's command. Now, I will not return to Islamabad – I will live here"

He stayed at the house of Dr. Nisar Halepota for a few days. Later, he shifted to a house rented by his followers. He remained seriously ill for the entire next year, battling through several major surgeries like a brave warrior and never complaining. Two days before he passed away, I (the writer) and Saeen Muhammad Ali (RA) went to see him at the hospital. Despite being unconscious, upon seeing us, he immediately asked Muhamamad Ali regarding the progress of preaching work of Durood Pak, and also gave him some instructions. Before we left, he ordered Saeen Muhammad Ali (RA) to make all necessary arrangements to make Saeen Muhammad Yusuf Shah's (RA) annual Urs sharif – and to spread the blessings of Durood e Pak to every corner and household. He passed away on 8th July 2001 in a hospital in Karachi, at the age of 69.

# **Biography**

# Qalandar Baba Saeen Ahmed Ali Qureshi (RA)

Qalandar Baba Saeen Ahmed Ali Qureshi (RA) was born in 1933 in district Dadu. His father's name was Hazrat Jan Muhammad Qazi, who belonged to a Qureshi family. His tomb was built under the supervision of Saeen Muhammad Ali Baloch (RA). Saeen Ahmed Ali Oureshi was a descendent of Hazrat Shiekh Bahauddin Zakaria Multani (RA). Belonging to a family of academicians, Saeen Muhammad Ali decided to pursue the family profession after completing his matriculation, while continuing his education privately. During his academic career, he also once served as the Head Master of the prestigious High School of Sehwan Sharif. In 1963, he was appointed as a Lecturer of Islamic Culture. In 1973, he moved to Islamabad since his services were seconded to the Federal Government. He retired as the Secretary, University Grants Commission (now, the Higher Education Commission) on January 1, 1993. Afterwards, he also served as a member of the Prime Minister's inspection team, which post he accepted at the behest of his friends.

During his training abroad, he stayed in London in 1980, where he underwent a throat operation. He also visited France and Germany, and finally from Nigeria, he went for a pilgrimage to pay his respects to Prophet Muhammad (SAW).

Irani Sufi in Hyderabad and another (unnamed) Sufi. The Irani Sufi said that I am your Dada-Peer (your spiritual grandfather), as "I was also a mentor to Saeen Muhammad Yusuf Shah (RA)". Actually, Saeen Muhammad Yusuf Shah obtained spiritual wisdom from Hazrat Ali (Alih Salam). If, during your spiritual training, your Murshid passes away, you can seek knowledge from any other living pious person, provided they have a good spiritual standing. However, while you are seeking knowledge from them, always imagine that this wisdom is coming from your (original) Murshid, and these people are just the conduits. Beside these two, I also obtained spiritual knowledge from Professor Bagh Hussain Kamal".

Regarding a pious Sufi of his time, whose shrine is about 8-10 km away from Moro, and who was a "Mast and Al-Ast", and had attained the state of *FanaFillah*, I have heard Saeen Muhammad Yusuf Shah (RA), saying "I have often seen all his body parts separated and suspended individually".

Mai AlhObhai, whose shrine is in Sehwan Sharif, near Chattan Shah Imrani, was also a pious personality. Saeen Muhammad Yusuf Shah (RA) often used to have discussions with her regarding Sufism. Her house, which is at located North of La'al Saeen's shrine, was given to Saeen Muhammad Yusuf Shah (RA) as a gift.

Baba Saeen Ahmed Ali Qureshi laid the foundation of Anjuman Ghulaman-e-Qalandar in 1988, inside the holy shrine of Hazrat La'al Shahbaz

He was buried in the La'al Bagh infront of the the Aral lake, near the tomb of Faqeer Rasul Baksh Mallah. As per his will, he was buried near the feet of his beloved Murshid, Hazrat La'al Shahbaz Qalandar.

# Part A: The Philosophy of Tariqat

Baba Saeen belonged to the Awaisiya Qalandari school of thought. He was deeply immersed in the love of his beloved, who was the epitome of his thoughts and actions. He used to say "a Murshid is a teacher, but Ba'eat is different, it is exclusive. That is why I have chosen Hazrat La'al Shahbaz as my Murshid and mentor". He also said, that "Awaisi is someone who gets spiritually benefitted from a Wali Allah without actually meeting him. Many pious people have benefitted this way. This process of nourishing your soul is the Awaisi method.

Saeen further instructed "I have had the privilege of meeting Awliya blessed with high ranks. At one time, I was sent to Saeen Muhammad Yusuf Shah (RA) for spiritual training. He said, "You have been spiritually blessed (Awaisi method) by Hazrat La'al Shahbaz Qalandar, and he has ordered to you to proceed (with the preaching and recitation of Durood Pak) – so go ahead. While I will be your mentor physically, your actual spiritual training will be done by La'al Saeen himself".

"After Saeen Muhammad Yusuf Shah (RA) left this world, I obtained spiritual wisdom from several pious personalities; Saeen Abdul Haye Jan (RA), an colleges, and universities. Our ideology is to become socially active, perfect human beings— something which the world desperately needs—by immersing ourselves in the love of our beloved Prophet Muhammad (SAW). Our organization transcends beyond nationalism, racism and sectarianism to heal broken hearts and shun hatred, by following the highest standards of social etiquette and spiritualism. We want the blessings of Durood Pak to rain over mankind, bringing smiles to people's faces, thus eliminating inhumane practices like karokari and suicide.

Despite leaving this mortal world, Baba Saeen Ahmed Ali Qureshi (RA) continues to be the lifelong president of our organization. The struggles of Saeen Muhammad Ali Baloch (RA) have proved that fulfillment of the promise of loyalty to your beloved requires great courage.

This was a short biography of Baba Saeen Ahmed Ali Qureshi (RA). If this life and my pen permits, I shall continue to write about Baba Saeen's spiritual struggles or achievements to my dear readers.

Syed Ghulam Haider Shah Qalandari.

Qalandar. He appointed Saeen Muhammad Ali Baloch as the first president of the Anjuman and gave him the responsibility of preaching Durood Pak. Despite extreme financial hardships, Saeen Muhammad Ali spread Baba Saeen's (RA) message to every part of the country on self-help basis, braving through difficult times and criticism and giving his life and soul to this cause. Soon, his efforts bore fruits and the first Mehfil to recite 1-crore Durood Pak was held in the courtyard of Saeen Muhammad Yusuf Shah (RA). Since then, this blessed activity is performed every year with a persistently increasing the count of Durood Pak.

Saeen Ahmad Ali Qureshi (RA) tasked Saeen Muhammad Ali (RA) with organizing the Anjuman Ghulaman-e-Qalandar, who worked tirelessly to spread the message throughout Sindh and beyond by meeting people and writing letters to people from all walks of life. Saeen Muhammad Ali (RA) published a book named "Andar tu Ajar" which proved pivotal in spiritually awakening the youth.

Anjuman Ghulaman-e-Qalandar is a non-political, spiritual organization that does not carry any flag or insignia – nor does it have any official manifesto or organizational structure. The organization does not believe in the conventional concept of "Peeri and Mureedi" – we simply focus on the preaching of Durood Pak through local members. Regardless of the climatic, financial or social hardships, our caravan continues to move on. Without accepting any donations, we have managed to spread the blessings of Durood Pak to Schools,

# Saeen Abdul Rehman Shah's (RA) Spiritual Blessings and Saeen Muhamamad Ali Baloch (RA)

Saeen Muhammad Ali was inquisitive about spiritualism and had the thirst for Sufism right from his childhood. Since young age, he had been constantly searching for a Murshid, until in 1964; his quest led him to the shrine of Saeen Abdul Rehman Shah (RA). Regardless of the weather or any hardship, he continued to perform his spiritual duties at the shrine of Saeen Abdul Rehman Shah (RA). He performed his duties so diligently that one day, according to him, Saeen Abdul Rehman Shah (RA) himself came physically out of his grave, hugged him and transferred spiritual knowledge to him. He then said "From today onwards, I am handing you over to Ahmed Ali Qureshi (RA), the loyal servant of Hazrat La'al Shahbaz Qalandar. From now on, he will continue to guide you on your spiritual journey."

As commanded by Saeen Abdul Rehman Shah (RA), Saeen Muhammad Ali Baloch went to Sehwan Sharif, came in the presence of Saeen Ahmed Ali Qureshi (RA), and conveyed his Murshid's message to him. In addition to teaching him the Durood Pak, Saeen Ahmed Ali Qureshi (RA) also spiritually presented him to the blessed court of La'al Shahbaz Qalandar (RA). It was from here that he gained the blessed access to Prophet Muhammad's court, (PBUH) and was tasked with preaching of Durood

# A Devotee of the Prophet (PBUH) and a Great Personality

# Beloved Saeen Muhammad Ali Baloch (RA)

Saeen Muhammad Ali Baloch (RA) belonged to the Sathli Baloch tribe from Iran. Their tribe lived in the Iranian part of Balochistan, the "Koh Zanda" in an area called "Dar Ahog". Later, this tribe went on to settle in the "Kunri" village of Sindh.

Saeen Muhammad Ali was born on 16th October 1952. He spent his childhood in Kunri village. He obtained primary education from Kot Ghulam Muhammad and obtained the certificate of matriculation from then Qazi Sultan Momin High School, Kunri, He then cleared the intermediate examination from Shah Abdul Latif College, Mirpurkhas. Just like Allah Almighty choses people for specific tasks based on their abilities and capabilities, Saeen Muhammad Ali Baloch (RA) was chosen for spiritual work right in his teenage. When he was studying in College in Mirpurkhas, the Qalandar of that time, Saeen Ahmed Ali Qureshi (RA) was serving there as a teacher. Although Saeen Ahmad Ali Qureshi (RA) had immediately selected him as his spiritual student, he did not disclose this to him - as he (Saeen Muhammad Ali) had yet to obtain basic spiritual training and wisdom.

#### A Shade Tree

If we observe around us, we will see that there have always been to ways to spend life. One is the way of Allah (SWT) which brings man closer to Him. One lives a peaceful life, free from difficulties and sadness; tranquility, peace and honesty fill his entire being. The other way of life is where one gets impressed with attractions of this temporary world and leads a Godless, sinful life, only to get closer to the devil. A sinful life only attracts worries, pain, and remorse which drives people towards suicide. To bring hope and spiritual awakening to the lives of these depressed people, Allah Almighty sends pious people to this world – the Abdals and Qutubs.

If we look at the lives of the Prophets and the Awliya, we will realize that they have given immense sacrifices to bring people closer to Allah by showing them the righteous path. It is because of these pious personalities that so many people in this world have formed a connection with Allah, and are living peaceful and stress-free lives. Neither do these pious people ask for renumeration, nor do they have any worldly aspirations – their only mission is to seek Allah's blessings. Just like these pious people, Saeen Ghulam Haider Shah is leading the Anjuman Gulaman-e-Qalandar, after Saeen Ahmed Ali Qureshi to spread the blessings of

Pak. Baba Saeen Ahmed Ali Qureshi (RA) established the Anjuman Ghulaman-e-Qalandar in 1988, and appointed Saeen Muhammad Ali (RA) as its president.

History will remember that Saeen Muhammad Ali (RA) faithfully practiced whatever he learnt from his Murshid throughout his life. From Sindh to Punjab, Balochistan, and from Khyber Pakhtunkhwa to abroad – from the heights of mountains to the depth of the seas, and from the plains to the deserts, Saieen Muhammad Ali spread the blessings of Durood Pak to the entire world.

A poet once said, "My beloved has commended me to keep on moving forward, and I continued to walk regardless of the weather and terrain, until the angel of death came and knocked on my door".

Of course, he was Prophet Muhammad's (SAW) beloved, and apple of the eye of Baba La'al Saeen (RA) and Saeen Ahmed Ali Qureshi (RA) and will remain forever.

Altaf Malkani.

# **Foreword**

All my life I have been rather disdainful of Sufism. Sufism has been maligned by enemy elements and misunderstood by many. Fraudsters wearing the garb of Sufism have given it a bad name over the centuries. In the present age scientificminded people dismiss it because of the supernatural "Karamaat" attributed to saints. But that is also not my reason for having dismissed Sufism, as to me, this attitude is itself unscientific. A broader interpretation of the patently scientific "Uncertainty Principle" of Heisenberg simply says that human knowledge is inherently limited and will ever remain so. That nullifies the argument against supernaturalism.

My own argument against Sufism has been that it made a man toothless, leaving the field wide open for Evil to play on Allah's earth.

That was my understanding till I got an opportunity to read some lectures by Syed Ghulam Haider shah Qalandri, Head of the Anjuman Qalander. His lectures totally changed my perception of Sufism. He explains that a Sufi is not necessary a hermit. Rather he or she is very much a contributing member of the society benefitting humanity in all manners either permitted or enjoined by Islam. A distinguishing characteristic of the Sufi is that he or she tries to develop total control over his / her worldly desires, does what pleases Allah and avoids deceit or any wrongdoing which can displease Allah. Priority to other beings over oneself is

Durood Pak. On the one hand, Saeen Ghulam Haider Shah is leading the Caravan that preaches Durood Pak, while the on the other hand, he uses the power of his pen to bring people towards the love of Prophet Muhammad (SAW).

In essence, Saeen Ghulam Haider Shah is like a shade tree in the scortching desert called life. Thousands of depressed, remorseful, and anxious people find comfort and peace by drinking through the elixir of love in his hands, which quenches their thirst. We pray that humanity may continue to benefit from him throughout life.

Altaf Malkani.

# بِسُمِ لللهِ الرَّحِيْمِ اللَّهِ الرَّحْمِي الرَّحِيْمِ اللَّهِ الرَّحِيْمِ اللَّهِ مَا اللَّهُمَّ صَلِّ عَلى سَيِّدِنَا مُحَمَّدِنِ النَّبِيِّ الْأَكِّيِّ وَعَلَىٰ اللهِ وَاصَحْابِهِ وَبَادِكُ وَسَلَّم

For many years, we have been preaching Durood Pak which was bestowed to us by the founder of Anjuman Ghulaman-e-Qalandar. In this regard, I would like to specially mention our first President, beloved Saeen Muhammad Ali Baloch (RA), who preferred spreading the message of Durood Pak to the entire Sindh over his personal needs. I myself have the honor of being a friend of Saeen Muhamamd Ali (RA). In 1990, Saeen Ahmed Ali Qureshi bestowed me with his blessings and tasked me with abundant recitation and preaching of Durood Pak. Alhamdulillah, with the blessings of Prophet Muhamamad SAW, I continue to perform this task till date. After Saeen Muhammad Ali (RA) passed away, I often get the chance to meet people from different walks of life at the Mehfils of Durood Pak. Unfortunately; I find that people have the wrong perceptions and understanding of Sufims and preachings of Hazrat La'al Shahbaz Qalandar (RA). Through this book I intend to answer people's questions regarding spiritualism, and to offer a detailed account of how our organization works so as to allay any misconceptions that people might have about our organization.

God willing, more editions of this book will be offered in the future.

# Syed Ghulam Haider Shah Qalandari.

another important habit. He /she is constantly trying to improve himself or herself by emulating the Holy Prophet of Islam as far as possible.

Syed Ghulam Haider Shah (or Baba Saeen as he is fondly called) gives a short list of characteristics desired of a Sufi towards the end of the book. Shunning the world is definitely not in the list. At the same time, lust for worldly possessions and pleasures is also out. The picture he portrays of a Sufi is the picture of a Momin as depicted by the philosopher poet Iqbal. That is the picture of a Muslim as described in the Ouran.

How to become like that? Baba Saeen advises a very simple technique: Excess of Darood and Salam for the Holy Prophet (something that Allah Almighty Himself does along with His angels and orders us in the Quran to do) will aid us in this journey.

I find it an honor that a sinner like me has been asked to write a foreword to words of an elevated saint like Syed Ghulam Haider Shah. May Allah guide us all to the path he desires.

Engineer Muhammad Asghar, BE Avionics Engg, MS (Cranfield, UK)

All praise for Allah Almighty, and utmost respects to the last of all His Prophets. By the Grace is now being "ہرایت نامہ سلوک قلندری" is now being presented in the English language. In this age of worldly attractions, advancing evil, and sectarian tendencies, our small organization continues to practice and preach Darood for the Holy Prophet. This book is also a part of this effort. Translation into English will be beneficial for young men find it easier to read in English language. There was also a demand for this from friends in foreign lands. My spiritual sons Mehmood Asghar and Sanaullah Mastoi, who were both working for PhD in Malaysia spread the message well in that country. They attracted many well-educated but distracted young men to the practice of Darood giving them peace of mind and spiritual satisfaction. Translation to English was facilitated by Mehmood and his father. The book has reached your hands because Allah and His Prophet SAW blessed the hard work of my spiritual son Sher Khan Panhwar and Mr. Altaf Malkani.

### Syed Ghulam Haider Shah Qalandari.

# **Chapter on Prophethood**

Friends, Prophet Muhammad (SAW) was bestowed upon this ummah and entire universe as a blessing. He (SAW) wore the crown of Prophethood, and a status which no one before him has had- and no one will. He travelled to Al Mai'rage (Ascension to the Heavens) on the fastest horse, the likes of which no Prophet had ever seen. He is the ultimate healer, with Allah's blessings. You can find cure of any worldly disease in his teachings. His name is engraved on the "Loh-o-Qalam" (the slate and the pen of destiny), and he has been bestowed with the highest rank and status of Interceder (on our behalf). Indeed, He (SAW) is the master of the entire Arab and non-Arab world. His radiance is as pure as the holy Ka'aba. He (SAW) shines upon us like the morning sun which enlightens

### **Chapter on Tawheed**

My dear friends! There is no God but Allah. He is free of short comings. He is the King of Kings. He has the ultimate power and control over everything. He is Al Rahman, Al Rauf and Al Raheem. He fulfills every promise, he is allobserving and and all-knowing, and he is the only one worthy of being worshipped. All our prostrations and prayers are for Him. He is the ultimate planner, caretaker, and the only one who lives forever. He is the only one to have the power to kill or bring to life. The entire universe is His creation, and He is exclusive in his attributes. He is merciful and benevolent, and he will live forever. He is inside and outside everything, the one who fulfills wishes and requests, the creator of Heavens, Almighty. He sees and hears everything. He is the Lord of our beloved Prophet Muhammad (SAW) and the one who loves us seventy times more than our mothers do. Thus, we need to turn towards Him like He says اَذْكُرُونَا اَذْكُرُونَا اَذْكُرُونَا اَذْكُرُونَا اللهِ (remember me and I will remember you).

# **Chapter on Durood Pak**

Friends! Durood Pak is the key to opening your hearts. It fills your heart with the divine lights and takes away the clouds of darkness and sadness looming over you. The Druood Pak gives you the hope of salvation. It forms a bond of strong belief and trust in Allah. Whether it is about financial matters, friendships or family issues, you will see an improvement as soon as your start reciting the Durood Pak. One starts to feel the spiritual enlightenment in himself and starts walking towards the path of the righteous people. All your valid prayers and requests start getting answered, the soul is cleansed, the forehead shines with Allah's noor and calmness replaces anxiety and depression. All our complicated matters start to resolve automatically and everything in our lives, including the graves of our parents' start to lighten up with Allah's Noor. We get bestowed

our dark and sinful path and leads us from darkness towards the straight path. His (SAW) blessed self cannot be compared with anyone in any way. He is the most beloved after Allah (SWT). His teachings are a source of enlightenment and guidance for the entire universe. His name is engraved in the Slate of Destiny (Loh o Qalam). Allah has bestowed him with the position of "Mahmood" (especially praised), and He can intercede for the entire Muslim umma. Allah has tasked Gabriel (AS) to assist Him. He ascended to the point of "Sidratul Muntaha" during the Mai'rage. His desire was nearness to Allah, and He has it. Allah made Him a guide and a comforter for poor people. He is the most beautiful personality created by Allah's noor, peace and tranquility of our hearts, distributor (of Allah's mercy) and Rauf, Raheem and Kareem. Grandfather of Hassan (AS) and Hussain (AS) - the Lords of the youth of the Jannah. Beloved of the Owner of the East and the West alike. He is the last of the holy Prophets. Not just the humans and worldly creatures, even Allah (SWT) and the angels recite Durood on Him at all times.

# **Chapter on Ethics**

Friends, today we will talk about respecting others. When we used to visit Baba Saeen Ahmed Ali Qureshi (RA) in Islamabad, he always showed us immense love and care. We can never forget the love we got from him always greeting us cheerfully and getting food prepared for us. Neither his attitude ever showed that he was a Grade-21 Federal Secretary, nor he ever portrayed characteristics of a typical "peer". Similarly, Saeen Muhammad Ali (RA) used to warmly welcome everyone to his small medical store, and never let them leave without their having refreshments. He used to mold himself according to every situation and the type of person in front of him. Such patience and hospitality of these Awliya Allah is because of their spiritual training and teachings of Prophet Muhammad (SAW) - and these are our goal as well.

with such blessings which instill in us the extreme desire to meet our beloved Prophet (SAW). Recitation of the Durook Pak gives us such spiritual benefits that we feel closeness and acquaintance with the pious, the martyrs and Allah's Prophets - and it becomes easier for us to rid ourselves of bad habits. Our belief in Allah's oneness and the Prophethood becomes strong, one starts to feel well-off and happy. Durood Pak is like an intercession which gains access to the court of Prophet Muhammad (SAW), and pleads for the Ummati to the one who listens to our prayers. The one who recites Durood Pak becomes a faithful servant of his Master (SAW), remains protected from his enemies, no matter how influential they are. Allah forgives the hidden sins of the one of who recites Durood Pak in abundance and blesses him with the opportunity to prostrate in front of Him (SWT), so that he doesn't have to bow in front of anyone else. A time comes when he starts to speak with Allah, and he gets rid of all the fears and suspicions in his heart. This is the time when he gets blessed with all the divine secrets in the dark nights, in loneliness, sadness and in happiness.

Friends, just like autumn and spring, youth and old age, life does not remain the same forever. Change is inevitable – what is more important is maintaining your trust in Allah (SWT). NO matter how testing the times, true bravery is never letting go of your composure, patience, and self-confidence. This is the secret weapon of a student on a spiritual journey, and a main aim of our organization's manifesto as well.

Friends, you should never leave your friends alone in times of happiness or difficulty. Consider the members of this Qalandari caravan as your neighbours as they share the sameideology, school of thought, and religious practices. In the same way, consider the society and people around you as your neighbours. Living in harmony with your surroundings has several benefits – most importantly, it allows us to remain in touch with others and to bring a positive societal change

Similarly, our teachings tell us to remain connected with our friends, without any apparent need or worldly benefit. Our relation Rasulullah (SAW) used to welcome every guest with a smile, and always saw them off to the gate of his house, regardless of their religion.

We can narrate numerous accounts of the Prophet's (SAW) character which attracted people towards him. Even today, the world adores and revers him. We must also follow his teachings and welcome guests, even if we do not like them.

You should never consider your guests as an inconvenience, at the same time, you should not go to someone's house without prior approval, so as not to interfere in their personal affairs and commitments. Learn to think from other people's perspective and adapt yourself according to their state of mind. Doing so will not only make us successful, but we will also help us spread the message of Durood Pak. May Allah be on our side andease our affairs.

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My dear friends, the standard of life is not same everywhere. Every region has their own customs, regulations and laws, ways of living and financial dealings. In the same way, there are different methods to achieve success. Whether these are Halal or not, that is another discussion. The Quran says:

Allah is the sole creator. Fate and destiny are under his command. Regardless of whetherone is illiterate or educated, an emperor or poor, everyone has to bow in front of Allah's will. When we look around us, we see people who have nothing but are still happy. Others still not content despite being successful. Many philosophers have presented their theories to explain this phenomenon.

No doubt, it is our responsibility as human beings to find worldly means of success. Ans Bin Malik (RA) narrates:

is based purely on love, and is even stronger than blood relations because we all are involved in the preaching and recitation of Durood Pak.

Even our Prophet Muhammad (SAW) used to love his neighbors, whether they were his house neighbors, or his beloved companions in the Jannat-ul-Baqi and Riza-ul-Jannah.

As Muslims, we are familiar with the importance our religion places on the rights of the neighbours. From their properties to their wealth and business, times of happiness and sorrow, extending every type of help and help to our neighbours is an integral part of our religious teachings. May Allah (SWT), for the sake of His love for Prophet Muhammad (SAW), enable us to adapt these teachings in our daily life.

Friends, our organization's manifesto are based on ethics, which emphasizes on treating everyone kindly and with respect.

Our beloved Prophet (SAW) never uttered a bad word from his mouth, and neither it is compatible with his personality. Our Prophet (SAW) said "The dearest to me among you is the one who has the best manners and morals" (Sahih Bukari 3759).

In today's world, an acute shortage of the Islamic values and morals – when everything the humankind does, from charity to the way people address is based on self-gratification. In these testing times, we realize the need to reinstall the values that we inherited. These values, which we learnt from our Prophet Muhammad (SAW) who had the best of the personalityand character, were the major reason why people wereattracted towards Islam. Even today, non-Muslim countries try to follow the standards set by our beloved Prophet (SAW).

Also, how can we forget to mention the charismatic personalities of the Sufi saints in

Our beloved Prophet (SAW) has also taught us the relationship between fortune and worldly efforts in an easy-to-understand way. We have been taught to tie the camel's rope first before trusting in Allah. Similarly, we have been taught that is better to help someone in need than performing non-obligatory prayers.

Friends, these teachings also reflect in the manifesto of our Organization and our Qalandari school of thought. On the other hand, resorting to useless tactics like flattery and unwarranted critiscism can only bring temporary success. Once the truth is revealed, there will be nothing but remorse and shame.

Friends, if you wish to praise someone, then you should do it in the company of people with pure intentions. However, if you need to criticize someone, always do it in privacy. Doing this will not only save your friendship but you will also prevent yourself from breaking someone's heart. The main aim is to reform and correct. If we follow this practice, then we can be more effective in our preaching of Durood Pak. May I Allah grant us the strength to preach and recite Durood Pak.

Friends! Everything in this world is gauged using certain parameters. Even when you speak, people will gauge the quality of your words. Even before making friends, we gauge every aspect of their life, from their caste to their financial and physical status to their clothing. Every human has their own way of gauging and judging people. A prince will judge people according to his own thinking, while a poor man has his own way of gauging people.

Friends, before commenting on our physical proportions and weight, we must first think whom are we talking to? People only want to actcunning and smart. If someone remains quiet, it is considered as a sign of backwardness and weakness. In reality, only a little bit of patience is all that is needed. In this world, people desire appearing sharp and cunning. Keeping quite is considered as an undesirable personality trait. When you talk to other people, you should be considerate of their circumstances and worldly worries. Unfortunately, we are made to believe that there is no need to be patient or contended in difficult times. But the fact is that our path of spirituality encompasses every aspect of life. We should gauge our actions based on their influence on our life in the Here after. Friends, we must utilize our time to maximize our gains (good deeds) for the eternal life. Seek the blessings of our beloved Prophet (SAW), to find the sacred path that leads to eternal success. May Allah help and guide us.

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the Ottoman era and the in Indian Subcontinet? How had they filled blackened and rusted, sinful hearts with divine enlightenment? Even today, people visit their shrines to fill their empty stomachs, all because they practiced social service during their life, and even after they passed away – through their followers. Just like this, regardless of what your field of work is, keep the doors of kindness open to your coworkers, neighbours, needy or astray people, and even your future generations. This will reflect onto your personality. If you want to live in people's hearts and history pages forever, then become like this. This is the Qalandari way of life.

البرحسن الخلق، والإثمر ما حاك في نفسك وكرهت ان يطلع عليه الناس

Once the Prophet (SAW) was asked regarding good and evil. He (SAW) said "Good deeds are good morals and sin is something which makes you fearful that other people willfind it unpleasant, if they come to know about it".(2389سني ترمني)

(Friends), hear to my words. You can only achieve such personality if you abundantly recite Durood Pak. No matter what happends, even if this world turns upside down, don't let anything come in the way of your duties. May Allah keep us all safe. Amen.

you don't bother understanding what they are saying – constantly showing disinterest – then you are the one who will face the consequences. Just like if a student does not listen to what the teacher is saying, it is the student who will have problems, not the teacher. The teacher will continue to get his renumeration.

Friends. worrving about not the consequences of your actions is nothing but sheer stupidity. You might have seen that the students who did not respect their teachers often ended up being desolate. Today, we often see that even if someone is trying to teach something, the other person tends to waste their time by - often by continuing to fiddle with their phones or talking to someone else. The person who is teaching will feel he is being ignored or is not being given appropriate attention (so, do not do this).

The reason why I say these things is that I want you to realize the importance of time. I am speaking to the ones who are in involved in preaching of Durood Pak. Don't engage yourself too much in these worldly affairs. May Allah be our Helper and Supporter.

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Friends! Before starting my speech, I would like to take you to the not-so-distant past. Perhaps, it was the year 1990, when Baba Saeen Ahmed Ali Qureshi (RA) visited Saeen Muhammad Ali (RA) in Sultanabad. Someone may still have the recording of that event. Not many people were present. He delivered a very simple, yet eloquent speech on spiritualism, without using any sound system. Since the topic of discussion was new to us, and we were joined by several new friends - everyone had different thoughts. While somelistened to the words with utmost attention and reverence, others became oblivious of their surroundings. Time flew by and took away many human gems from us – but this is not something unusual. This is the reality of this world.

Friends, Allah swears upon Time (Surah Asrt) to emphasize its importance. Just like it is impossible to reverse a footstep, it is not possible bring back time.

Friends! Realize the importance of time. It is not easy to spare your time for someone. If someone spares his time for you for the sake of Allah (SWT), then don't take it lightly. Try to understand what they are offering or trying to say. If someone is talking to you directly and

Friends, praise and criticism are like two sides of a coin. Our Prophet Muhammad (SAW) always used to praise people in their absence. Today, we prefer to shower people with praises when in front of them and criticise them behind their backs. We must play our role to reverse it.

Always consider your friends as being more respectable. If at all there is a need to point out something unpleasant, do so in privacy instead of broadcasting and telling the whole world about iton Facebook. Similarly, you must always have a constructive aspect and betterment in mind when praising someone. Unfortunately, we see the opposite being practiced today.

Friends a Qalandari and a follower of Sufism must not think bad about others or play tricks on them. Consider everyone as your friends, not your opponents. Don't be jealous if someone among your friends gets ahead of you. If you follow the Sufi way of life, you will always be remembered among people. If you become suspicious or think too much about others, then this world will forget you completely. What you sow, so shall you reap.

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Friends! Try to understand this life in a simple way. Do your research. When you go outside, look around and observe your society and surroundings. Whether you are an entrepreneur, a businessman, or whether you are dealing with family matters or preaching Durood Pak, take a cursory look at your own self (and reflect upon it). Never expect too much out of someone – no matter how close a friend or relative they are. If you follow this, you will never end up worried or remorseful. This is a simple, but life-changing fact.

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My dear Friends! I am referring to those friends who are involved in preaching. While interacting with people during business dealings, family affairs, hobbies, or any other aspect of life, always remember that the act of showing the righteous path to the people is a great responsibility. During a conversation, if others wants to speak, don't interrupt them and keep your voice lower than theirs. If someonewants to have a discussion and you wish to prove your point, then instead of repeating useless words, do so by giving solid arguments. Alhamdulillah, these habits, along with our recitation and preaching of Durood Pak will eventually take us towards the righteous path. May Allah keep you happy.

transition from this mortal life to the permanent life in the hereafter, in addition to the extraordinary events that have taken place previously and guidance on how to lead our lives with the ones that are yet to occur. If we follow the complete teachings of Muhammad (peace be upon him), they will lead us to the secrets of the earth, the oceans, science, and technology. Whoever has followed these teachings, hasshown the world that nothing is distant in this world, whether it's about ruling, justice, living, wisdom, health, or the protocol to live in these modern times.

Friends, we have to get closer to this Entity through His teachings. This is only possible when we love our Beloved Prophet (SAW), by reciting Durood Sharif in abundance. Insha'Allah, we will get closer to Him. Then we would like to know about his life, and in this way, we will become successful human beings and believers who have nothing to fear in this world.

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History has witnessed many philosophers who presented their own philosophies and theories. But their theories had a one-sided and temporal advantage, and their own character was not always in line with their thinking, and somewhat lacking. But fourteen centuries ago, a personality was born, and with whom a new doctrine in the entire human history was also born. Over time this man, the leader of the human race, started a series of teachings that revealed the word of the Allah through his tongue, and in which one finds the visible and hidden knowledge of this universe. In addition to this, there are sayings of this sacred personality, which we call the Hadith that sets practical examples of leading one's life.

If we combine all these aspects together, we may not find any element that lacks knowledge; from principles of health and life, dealing with enemies and friends, family members and neighbors, and from laws concerning obedience of new political leadership to military matters and demands of justice. We even find information regarding the

Friends! The word "Qalandar" is often misinterpreted by people who think that a Qalandar is someone who has renounced the worldly life. This interpretation is not correct. There is another group of people who think that Qalandars are "Majzoob", which is also not correct. The fact is that all the Qalandars who have passed away were great scholars, philanthropists and preachers. The names of Lal Shahbaz Qalandar, Bu Ali Qalandar and Rabia Basri (RA) are well known. There are fifteen Oalandars present in this world at all times, who take care of the worldly affairs under the supervision of our Prophet Muhammad (SAW). History is full of mention of such people. And it is also true that such people do not have time to manage their own worldly affairs. But that simply does not mean such people-from Khwaja Muinuddin Chishti Ajmeri (RA) to Dr. Allama Igbal (RA)- they do not believe in the Shariah. However, they make certain exceptions for the sake of preaching. The poetry Dr. Allama Igbal (RA), whose Murshid was Maulan Rumi (RA), and whose poetry serves well for preaching religionand of the poet of Sindh, Shah Abdul Latif Bhitai (RA) arenothing but an explanation of the Quran.

We find many such examples – it's just that we don't want to understand. Such people (the Qalandars) sit at the epitome of spiritual progress. Hence, they are completely devoid of any worldly desires or lust, and they have such strong spiritual connection with Allah (SWT) that they remain completely absorbed in the observation and understanding the oneness of Allah (SWT).

Friends, this world is like a school where time is our teacher. Sometimes, we see that a lantern which we light ourselves burns the entire house because of wind. Sometimes, a bowl of milk suddenly curdles, and a person with good eyesight suddenly becomes blind. Similarly, greed turns a good friend into an enemy, and worse, a loved and trusted one into a hypocrite. Human history is rife with such stories. Stories of historically important personalities are incomplete without the mention of the traitors and hypocrites in their life; how can we learn a lesson without mentioning their treachery and betrayal?

Going after a pretty face (physical appearance, fancy words and worldly possessions) is futile. There is no match between herons andswan birds. Why should a blacksmith criticise the artwork of a jeweller?

My dearest, do not despair; we have the example of our beloved Prophet Muhammad's (SAW) life in front of us as the perfect example. Don't worry, just continue to take out thorns from flowers, and turn thorny roads into flowery paths. Jealousy and hatred signify an underlying sense of inferiority - and struggle and perseverance aresigns of success. Only the blessed ones are bestowed with success.

May Allah bless and support you.

# **Chapter on the Power of Thought**

Those who remain satisfied with Allah's will are the true believers. Allah ispleased with those people who do not forget Allah (SWT) during turbulent times and remain steadfast. Everyone has a different fate; some are blessed with more happiness and success in life than others. Remaining content on Allah's will and distribution shows nobility of character. The ability to keep smiling despite staunch criticism, simply for a great cause is a sign of having a big heart. Likewise, pious people have the ability to take even the most sever forms of criticism. Keeping silent despite seeing and hearing everything is a Hussaini (AS) trait. Letting others take your credit for doing something good is indication of strong faith in Allah. Appearingunaware despite knowing all the diving secrets is the characteristic of Awliya Allah. Being busy (with Allah's SWT remembrance) in solitudeis a Qalandari attribute. Treating everyone equally regardless of their appearance or personality is the sign of being the Ghaus-e-Zaman. The development of humbleness and humility is an indication of Allah's blessings. The desire to recite Durook Pak at all times is a sign of being accepted in the Prophet's presence. The will to continue, despite being aware of the hardships awaiting is the beginning of divine love.

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Qalandars are the Sufis who hide their good deeds and constantly tread on the righteous path which takes them to their Creator. They do not want to impress people by their miracles – they greatness automatically shows up. Allah subdues the entire universe in front of them. They have such great power in their speech that they impress people merely by the way they talk. They don't like engaging in music or dancing. Rather, they use theseas a as a tool on those who like them. Once they penetrate their circle, they gradually assert their effect and bring people towards the righteous path.

Khwaja Muinuddin Chishti (RA) pulled thousands of people out of the dark ravines of sin and brought them towards the divine light and blessings. Similarly, the preaching and spiritual work of his followers are known to everyone. However, wrong doings, rituals and worldly superstitions should not be associated with such pious names and their words. The spiritual work of these personalities has benefitted Islam and Humanity alike. Even today, their shrines are providing food and shelter to the homeless, poor, and the needy. No doubt, wrongdoings are being committed everywhere, but they cannot be associated with the Qalandar. May Allah grant us the ability to think positively.

an epidemic. They are continuously trying to find ways of milking people when they are going through difficult times. Commonly, they are known as "LaggarBagga". You can find LaggarBagga's in various forms; within yourself, they are present in your Nafs, or as the Satan himself. In the outside world, they are in abundance.

Friends, beware, and hold on to your philosophy and ideology. Remain connected with your friends and be on the lookout for those who stab from behind. Whatever duties you have been assigned, perform them diligently. Allah will save you and your friends from these internal, spiritual and physical LaggarBagga's. May Allah (SWT) be your helper and supporter.

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Friends! The Astana's of Awliya Allah are very hard to find. They live silently and in isolation, not letting anyone know of their presence. Their time is extremely precious, and they do not want to waster it in any way. Apparently, they seem like worthless people. But in reality, they carry heavy responsibilities on their shoulders; their concern for the wellbeing of the humanity, disseminating good and fighting the evil, their sheer love, support and prayers for the Muslim Ummah. These people are blessed with such blessings of Allah, which one can only dream of. Despite that, they continue their efforts to please their Lord (SWT). If someone having worldly desires visits them, they try to bring himto the righteous path as well. Such people are the Qalandars.

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Friends! Only those people succeeded in life who led an organized life and maintain a schedule. Instead of running after everything in life, they focused only on what was important. If you understand the importance of making priorities, then you have already saved yourself from massive damage, as you now have a system to live your life with. What's more important is that you learn the way of life from someone wise and learned. They know the code of life as they belong to the group of pious people.

If you belong to a Muslim family, then your schedule should reflect your Islamic principles and ideology. Similarly, you must also follow the societal norms as well and amend your schedule according to the requirements of friends and relatives. Like a good student, start writing a diary of your life events while ensuring not to disturb your daily routine. Whenever you find time, read through the pages of your diary and evaluate whether at any point, you allowed yourself to get detracted from your schedule – or if you failed to follow the duties assigned to you by your teacher. If you find any discrepancy, then, being a student, you should talk to your teacher who helped you design your schedule.

I intentionally chose this example to bring your attention towards something else – our spiritual schedule –which has been declared and you already know what it contains. Simply continue to follow your routine. Our final destination is the Prophet's (SAW) love and closeness. Recitation of Durood Pak is an integral part of our schedule. May Allah bless us with such a life.

Friends! You will find many greedy, profiteering gangs of thugs, who are nothing less than

Himself with great detail. Our spiritual elders like Data Ganj Baksh (RA), Rumi (RA), La'al Shahbaz Qalandar (RA), and others taught us the same thing: if you want to find your Master, get close to this Rahmat (SAW).

When we look at the teachings of our Prophet (SAW), He told us to love Him (SAW) more than anyone else in this world. This is only possible when we recite the Durood Pak in abundance. Our spiritual ancestors understood this – the Lord whom we set out to finds, is Himself instructing us to recite Durood Pak – and is telling us that He Himself sends Durood to our Prophet (SAW).

Friends! This is the easiest way to find Allah, whom we were tyring to find somewhere else. Keep treading on your ancestor's path and hold on firmly to Prophet's (SAW) teachings. In Sha Allah, we will find Allah through our Prophet (SAW). When this happens, you will be bestowed with the blessings of this world and the Hereafter.

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Friends, the inhabitants of this world have a strange way of life. People belonging to different religions have found their own gods. Likewise, everyone has has his ownreason for believing in God- the poor wants to become rich, the sick wants to become healthy, and the weak wants to become powerful. Unlike these people, the Sufis truly believed in Allah (SWT) being the Almighty and the creator of the universe. Putting aside their worldly desires, they followed the spiritual practices, believed in the oneness of Allah (SWT) and searched for Him within themselves and their surroundings. Similarly, a worshipper tried to find Allah (SWT) in the place of worship. Some people tried to find Allah through social welfare.

The gist of our Qalandari school of thought is that all the divine books, Including the Quran, have mentioned a personality who should be followed as a means to please Allah (SWT). This personality, whose name's in all languages meant the same-"a blessing, or Rahmat", was mentioned by His Allah (SWT)

Friends, Allah (SWT) is free from all shortcomings and imperfections and His Prophets are free from sins and mistakes. When Allah (SWT) willed, He shielded the Prophet (SAW) and his Ahle-Bait (RA) from this world's dirt, just like the ship of Nooh (AS). We, as human beings, see ourselves as sinful creatures. That is why must ask for Allah's (SWT) forgiveness abundantly.

Friends! If you are sincere to your work, and your hands are clean, then you need not worry about peoples' accusations and allegations. As I have mentioned earlier, people even did not spare the Awliya Allah were – Why should we, the lesser beings worry about such a thing?

In the spiritual world, we have seen that when jealous people are unable to attain their intended results by spreading hatred, they resort to confusing people by spreading accusations and false allegations. This jealous person can either be your own Nafs, your friends, oreven relatives. Regardless, it should not affect our Qalandari way of life. There is a saying in Sindhi language:

The beggar will go on begging. Let the dogs bark.

Everyone is free to do whatever they feel like. Friends! Such difficulties and troubles invariably come in the life of successful and blessed people.

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Friends, life is like a marketplace. To enter it, you need a key in the form of birth. At the entrance, you will be given a paper that allows you to enter the marketplace. The paper mentions that there is another gate opposite to the one you enter from which is out of bounds for you. When the time comes (death), the police (the angels) will open the door for you and let you out of the market place.

When the traveller (human) enters the marketplace, he finds lights and attractions around him. When he looks around, he finds some people playing somewhere, others are praying, studying, or doing business. In short, everwhere he finds all amenities of life and different offices around him. One part of him wants to roam around and enjoy, while the other part of him is afraid that police may come at anytime and drag him out of the marketplace. While roaming around, the traveller realizes that whatever efforts he will make in this place, he will get their reward when he leaves the market. At times, the traveller wants to walk out through the closed door. At other times, he gets engaged in the lively market place environment. He sees the police is taking a person out of the locked door. Other people come with him to the door to see him off and then return. They remain sad for a while and then return back to their normal routines.

Friends! Try to understand now. What type of earnings would you like to take with you when are taken through the closed door? Search this marketplace carefully and pick only things that can help you when you leave through that door – things which are durable, do not degrade with time and are still usable profitable when you leave the market.

Friends, this is Qalandari school of thought. The secret lies in the recitation of Durood Pak. Let us buy a profitable commodity in this marketplace (the world) by reciting Durood Pak in abundance.

Friends! Sufism is a way of thinking, an ideology, which is not easy to acquire. Either one gets it after tremendous search or gets it through the blessings and company of Awliya Allah. In contemporary science, the Sufis regard this phenomenon as a microbe. Once, during Saeen Muhammad Ali's (RA) Mehfil, I had unknowingly said that divine love is like a microbe, and we are entrusting it to you.

Friends, this microbe starts working as soon as a Sufi transfers this microbe through his finger to the heart of another person. This centuries-old phenomenon has also been proved by modern science that this microbe gets transferred through the hands, nose, and the face. When this microbe exerts its effects on a Sufi, then he gets an entirely new style of thinking. He starts to wonder why Allah (SWT) asked the Angels to bow before humans? After all, what qualities does a human have that make him the most superior creation of Allah (SWT)? And when he tries to unveil the secret, he discovers from the teachings of Prophet Muhammad (SAW) that the humankind is taught about becoming the superior beings through character development.

When the Sufi learns this secret, he sets off to transfer this knowledge to others as well. This, my friends, is the Qalandari ideology.

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Friends! Sufism has a unique lifestyle. A Sufi is a person who studies this world through the eves of knowledge, intellect and love, and triesto discover the divine secrets. He lives his life according to the principles set by his teachers. Then, one Sufi becomes aware these secrets and become a "Majzoob". Another one achieved the heights of knowledge and starts disseminating it though his books. Another Sufi gets deeply engaged in divine thoughts and observation. while another becomes a poet and starts singing divine secrets, and finally, another one starts preaching the word of Allah (SWT) and reforming people. The word reform refers to the dual process of learning, and then teaching others. This is the way of our Prophet (SAW). No doubt it is quite perilous; one has to face a lot of hardships on this way. One has to blend in this world and then reform people. Everything happens as per Allah's (SWT) will whomever he chooses for this task.

These are the Sufis who learn how to speak effectively. They have a charisma in their gestures. actions, and voice. These people are truly blessed by Allah (SWT). They don't have any personal agenda, northey seek any spiritual position. Only the ones chosen by Allah get rewarded to high positions. A Sufi does not care what people think about him, or how they treat him. Rather, he continues performing his duties, oblivious of other people's perceptions. Although he is an expert in reading people's minds, and knows the art of convincing, he does not want to become a "Peer", nordoes he want to gain worldly favours by deceiving people. He remains sincere to himself and does not desire fame or worldly positions. His entire focus is on carrying out his duties. Friends, this is the Qalandari school of thought.

Friends! Nothing in this world is free, be it finance, social status, or spiritual elevation. The society will try to trap you so that you fail and they immediately take your position. You must have seen in the jungle that when a bird or an animal finds a prey, all his fellow beings try to grab it from him. If it gets frightens and leaves, then the remaining ones start to fight among themselves. The animal who left, stares from a far and wonders that this piece of meat made us fight among ourselves and brought insult to me due to my retreat.

Friends, this is a delicate matter. You are bound to have a competition when you come face to face with people. This is how the world works. The society will not leave you at peace, neither in happiness nor in distress. The lesser your worldly needs and desires, the easier this life will become for you. Simply follow teachings of our beloved Prophet Muhammad (SAW) on how to get closer to your Lord, Allah (SWT).

Beware, your Nafs is also not an easy matter! You can only conquer it by learningfrom, and applying atested formula given to you by, an experienced teacher.

Friends, use the formula of Durood Pak. All your difficulties and worries in your way will be taken care of.

Friends, whatever knowledge we gain in this world, it comes to us through the blessings of our spiritual teachers. Friends, we are living in a time when a mother's reputation will merely be like a maid in the house – we can commonly see this in our society these days. Islam has taught us a lot about the very high status of mothers, there is no need to explain it here. You are already aware of it being Muslims.

Every religion has given respect to mothers. Unfortunately, we got lost in the attractions of this life and forgot about it. This is the reason behind our failure. My Murshid told me that when Hegoes back home after completing hisduties, I He rubs the soil of hismother's feet on his eyes and entire body. My son, he said "this is your secret key to success". By the grace of Allah (SWT), I had immense love for my other already. Whenever I used to face hardship - which normally comes to teach us something - my mother would shield me and protected me under loving safety net. It is all because of her prayers that we ended up on the right track. She was a Hafiza and used to recite the Quran to me and all the time kept reciting the Durood Pak. Whenever I and Saeen Muhammad Ali (RA) used to be alone in Dada Saeen's (RA) presence, she would bring Naan (flatbread) for us. We remember that Naan even today.

Friends, unfortunately, our mothers are no more with us. May be we were not able to look after them well. But if you still have a mother in your house, then in her person you have all the blessings of this world and hereafter.

Friends, nature has its own filtration process. Likewise, a farmer roots out the weaker weed and replaces it with a better plant. He then provides it with nutrients and nourishment to get a healthy crop. Similarly, a milkman replaces his animal if it stops giving sufficient milk. There is filtration process in very field of life, to select the best. Water is boiled or filtered to make it safe for drinking. In older times, the water used to be treated with potash alum, or stored in earthenware to kill the microbes. Likewise, wheat is filtered before use. In the same way, Allah (SWT) tests His dear ones - or to punishes the sinners - by sending land or sea calamities and epidemics, so that the mankind may repent and ask forgiveness for their sins.

Friends, we beg Allah's (SWT) mercy and benevolence because cannot withstand any of His trialsor tests. We only have one formula to save ourselves – and that is the abundance of Durood Pak. Remember friends, Durood Pak is a blessing and our Prophet Muhammad (SAW) is merciful. May Allah keep us safe. Amen.

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Friends! These are the words of wisdom, which contain divine secrets. Friends, we go to any extent to achieve success. I would like to refer to my line of work: Sufism, as a humble student.

Friends, as soon as we achieve a little bit of spirituality, we start feeling proud. We start dreaming of overtaking our friends. We dream about being famous and notable in the society. Haven't you seen how many great personalities have left this temporary world? These personalities were well-known for their famous words, achievements and stories. Today, they lie buried many feet deep under the soil. We cannot even see them through our eyes. This is the ultimate outcome of the world you struggle so much for, to become famous and well-renowned.

Friends, our organization is different. We do not believe in showing off, neither we long for worldly comforts nor its attractions. Let the ones who long for themenjoy. This is not our destination. We wish to be successful in front of someone else.

Friends! Thanks to modern science, we are now able to catch thieves, smugglers and drug peddlersby using trained dogs. It might even be possible to train dogs to detect the corona virus.

Friends, all of us have a very useful dog, which the Sufis refer to as the Nafs. Let us train it like a dog and control it – so that we can get rid of the societal evils. May Allah be our supporter and protector.

Friends, sports are in integral part of our lives. While people used to wrestle in the older times, today's youth like to play different games with the ball. Likewise, many people like to play with snakes. Sufis have described various types of snakes. They have also mentioned worldly wealth as a type of a snake, which people waste on gambling or as a means of bringing joy or sorrow to others.

From struggles to achieve power and position to human welfare, different types of plays are in motion. The Sufis also liken our Nafs to a snake, which makes us run after the worldly pleasures. A worldly person has a very strong Nafs, which becomes nuisance for himself and the others. Similarly, the Sufis also consider love as a snake – whether it is worldly or divine – it brings pain and sorrow. However, the way it (love) bites and transfers its venom is different from each other. The lover has no choice but to let the snake bit him. And then he also needs to learn from a teacher how to neutralize the venom.

But the teachers are (apparently) very cruel. Instead of neutralizing the venom, they keep on increasing it until the disciple becomes used to it – all the while asking him to remain patient. According to them, you can't learn about this snake's venom until you are bitten multiple times. Ultimately, the venom becomes a source of pleasure for them and they start inviting other people to join them. Friends, one of those experienced in this is our beloved La'al Shahbaz Qalandar, and this is the Qalandari ideology.

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Friends! It is obligatory for students of spiritualism to disregard their own sufferings and continue performing the duties assigned to them by their teacher. As the poet Bhitai (RA) says:

Oh, the travellers of the ditches and valleys of this world, this life has been bestowed upon you by our Creator (SWT), it contains both happiness and sorrows. The poet implies that joy and sadness are an integral part of your life. Don't let them deter you from your mission. Don't let them stop because our goal is to find the One whom everyone desires. Then what's the point of having remorse? This life is bound to end one day, and we have to embrace the dark night of death. Then how will you be able to find your beloved Prophet Muhammad (SAW) when you are knee-deep in sins? There is still time. Hold yourself accountable; repent and ask forgiveness. May Allah grant us the ability to hold ourselves accountable.

Friends! Longings in love have their own pleasure. There are different types of longings: the longing to seek happiness after a sorrowful period; getting well-off after seeing poverty; expressing your feelings after keeping them in your heart for a long time; the longing to get your desired results; the longing to become powerful; the longing to discover something which was lost; the longing to become an adult; the longing to seeing your dreams realized; the longing to get loved, and the longing to meet someone after prolonged duration.

Friends! during our lives, we keep on striving to get our longings fulfilled until our hair turns grey. In our search to fulfil our longings, we stray so far away that we lose our perspective. These longings never end but are a constant source of anxiety and mental torture. Why don't we let go all our longings and leave everything to Allah (SWT)? This is called Tawakkul – and it is the guaranteed way to success and forgiveness. Just by trusting in Allah, we can save ourselves from the agony of different types of worldly longings.

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Friends, Witayu saint from Sindh was instructed by his mother to fetch burning coal so she could light a fire to cook food. Witayu returned after a while and told his mother that he could not find a burning coalanywhere. In anger, his mother told him to go and fetch it from Hell. He returned after a while and informed his mother that the angels of Hell say that there is no fire there – everyone carrieshisown fire from the world.

The reason for telling you this story is to make you realize that life lies in between Heaven and Hell. Both routes are accessible – it's your decision which one you choose, and what you bring along with you (toafterlife). As our beloved Prophet Muhammad (SAW) said, the grave can either athe garden of Paradise or a ditch of the Hell.

You are free to collect anything while you're alive. But a wise decision would be to collectsomething durable, which does not get damaged by storms or floods. Try to buy something that you can carry alone, without the fear of getting robbed. Friends, the best thing to do after performing obligatory prayers is the abundance of Durood Pak's recitation. Let us make the most of our time in this world. May Allah be our supporter and protector.

Thus, friends, spirituality is a rare connection with the soul that helps in differentiating between the original and the copy. Today, spirituality is also being sold at shops like a commodity, with a beautiful packing. Don't be fooled! The reality does not remain hidden for long, although it may take some time and effort to reveal it. Real pearls are not commonly found; they are hidden in the depth of the sea. We cannot find Musk in the navel of every deer; not all almonds are sweet; not every flower is fragrant, and not all birds are geese. May Allah guide us all.

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Friends, a famous Sufi poet from Sindh says:

My eyes remembered my beloved so intensively that my tears continue to rain unstoppably, and my attire is completely drenched. But my thirst is still not quenched, without seeing my beloved.

This is the Awaisiya Qalandaria longing and love, and people in this state are called Awaisi's.

\* \* \*

Friends! In this world, people only believe what they see. That is why everyone tries to maintain outward cleanliness and appearance. Once the Sufi Watayo went to a feast in ragged clothes. When he reached the venue, the hosts, judging from his clothes, thought that he was poor and asked him to sit outside and did not pay much attention towards him. Shocked by this incident, Watayo went to one of his followers and borrowed a beautiful dress and a horse from him. When Watayo returned to the feast, the hosts, now impressed by his appearance, started looking for a respectable seating place for him and placed all the special foods in front of him. Watayo then pointed towards the food and asked his clothes to eat the food and offered it to the horse as well. The hosts were surprised and were thinking what kind of guest had come? The Fagir said that had all these arrangements been actually made for me, you would have offered them to me in the first place. But in reality, it is all because of these fancy clothes and the ride. Therefore, they deserve to eat, not me.

Watayo Faqir addressed a serious matter in a humorous style. Similarly, in today's world, packaging sells. From buying a daily use item to making friends and dealing with relatives, people prefer things based on their outward appearance and glitter. However, they repent afterwards, only to realize when it is too late.

Friends! the teachings of Sufi Saints teach us many lessons. From the code of life to making preparations for the hereafter. Moreover, they teach us spiritual secrets and show the path leading to Allah (SWT). Right from the time we enter the primary school; we are taught the Islamic ways to spend our lives in this world. This is known as education, and it comprises of different subjects, especially Shariah knowledge and principles. These principles are based on the blessed life of our Holy Prophet (SAW), from where we come to know about Allah's (SWT) qualities, and we develop a desire to know more, to get close to, and love Allah. This is the true meaning of Shariah. By following these teachings - a path which the Sufis term as "Tarigat - we can find peace and tranquillity. The true meaning of Tariqat is to immerse yourself in our beloved Prophet's (SAW) remembrance, to love and revere him more than anyone in this world, and to seek Allah's blessings through abundance of Durood Pak. This involves letting go of your own self and to unconditionally accept Allah's will. When this happens, one attains the status of "Ma'arfat", and starts to tread on the path of oneness. These levels are bestowed upon the Oalandars, the who are truly blessed by Allah (SWT) and Allah's Beloved (SAW).

Friends, this is the true meaning of Shariah.

\* \* \*

Friends! People In this world have different ideologies and mentalities. As a result, their principles and ways of living are also different. Similarly, each religion has different sects, and different schools of thought. Within our relatives, friends, and the social circle around us we come people with differing across mentalities. Occasionally we may come across some offensive conversation or behaviour. Wise men simply absorb these. Sharp-tempered persons lose control of themselves. This causes a crack in relationship between friends or even among relatives. In the life of the Holy Prophet (SAW), we find many such incidents where He showed patience. Later in time those very offenders either submitted to the Prophet PBUH or got crushed. Elevated saints not only adopted the same attitude but by their practical examples helped others to understand and follow this. The famous Sufi saint Shah Abdul Latif Bhitai R.A said:

"Care not about those who move about with hearts full of obstinacy and envy.

Broaden your own heart and develop patience."

Along with physical offences you may face vulgar conversations, defamation, and libel etc. Never should it detract you from your ideology and practice. Rather treat these things as part of your training. With passing time, you will learn to pass over them.

Friends, this is the Qalandri Ideology. May Allah grant us this ideology.

Friends! This world is like a mire; anyone who runs into it will keep sinking deeper in it, unless some wise and sympathetic person gets him out and makes him realize that the more he tries (to run after worldly longings and possessions), the deeper he will sink. This world is a stormy sea of desires. Every one of those who have been running after worldly desires has a dreadful story to tell. Listen to them, and you realize from their painful words that they are hurting inside. The righteous and virtuous servants of Allah (SWT) who are constantly trying to get people out of this mire (the world), also say that they suffer a lot of pain. However, their pain is different; their pain is about the woes of humanity; about reformation and the pain taken solely for the betterment of fellow human beings. They carry their pains with them at all times, but they do not talk about these. Instead, they only listen to the pains of others. Such righteous people who live among us are nothing but Allah's blessings and mercy upon us. Theyforget their own worries and share pains of others. Such people are rare. Friends, such people are truly the torchbearers of the Qalandari ideology. My friends, indeed, your passion for reciting and preaching the Durood Pak is also a manifestation of the Qalandari ideology. May Allah guide us all.

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Friends! Just as everything in today's world is being hybridized, so are humans. From their thinking capacity to eating habits and the things they consume; everything is being hybridized. The modern industrialized world wants to do the same to their ideology, philosophy and even religion. This is an old desire of these modern people and they have succeeded in achieving their aims to some extent. But true love cannot be bought or sold. Our young generation is being immensely influenced by the modern technology. The only way to prevent them from going astray is to follow the principles and the way of life of Sufis, which are derived from teachings of Prophet Muhammad (SAW). Efforts to hybridize our thoughts and minds will go in vain as long as we associate our lives with our beloved Prophet (peace be upon him). Being a part of this world, we will inevitably be affected with this hybridization. But, thank Allah, we find knowledge in the Holy Qur'an and hadiths; and what we do not understand, we learn it from the biography of the beloved Prophet. This is our ideology and philosophy, my dear friends, and this is the philosophy which we must adopt. The first lesson of Sufi way of life is to get close to our Holy Prophet (PBUH) and love him. This is not possible without abundance of Durood Shareef. Therefore, let us promote the practice of reciting Durood Sharif.

May Allah support and help us all.

in the world. But this is not the case. This universe follows a system where everything will happen at its own time. No matter how much we progress in this world, we are to turn back towards the Hereafter.

Once Watayoo Faqir's house was burgled. While the villagers started searching for the footprints of the burglars, Watayu Faqir went straight to the graveyard. Someone saw him and asked what he was doing there? Watayu Faqir replied, "I am waiting for the thieves here because no matter how far they run, the graveyard will be their last resort."

Friends think of this last stop and destination. Instead of torturing yourself thinking bad about others, why not think positively for everyone? Open your heart and Allah Almighty will open the entire world to you. Look, these Sufi dervishes, their doors are still as wide open as their hearts. Adopt their thoughts and ideas.

\* \* \*

Friends! Sense of inferiority (inferiority complex) is a major disease these days. One who suffers from it keeps talking to himself all the time. He asks himself questions and then keeps looking for their answers by himself and keeps wondering what would happen had he done such and such thing. Such people wander so far away in chasing impossible dreams that they get cut off even from their friends and relatives. A person suffering from sense of inferiority becomes so severely depressed that he becomes a psychiatric patient.

If two people are talking to each other, such a person will feel as if they are talking about him. If he sees someone wearing nice clothes or driving an expensive car, he will feel jealous and chaff at being deprived. Unfortunately, the sense of inferiority is becoming a pandemic these days.

Friends, we have been educated to the contrary. We believe that everything is in the hands of Allah Almighty and everyone has his own destiny. If progress was possible with the help of cheating, deception, and occult practices, magicians would be the most successful people

Friends, I have read a lot of books to understand the principles of spirituality and mysticism. I have heard numerous religious sermons and stories of miracles. I have also seen many successors of shrines personalities wearing robes and turbans, whom I met with passion. But my thirst (for spiritual knowledge) was not quenched. The death of my grandfather (Dada Saeen Siddique Mohammad Shah RA Kunri) raised even more questions followed with a series of dreams. At that time, I used to frequently visit the shrine of Jijan (Bibi Jiji Mithi RA Kunri). One day, a stranger (Saeen Muhammad Ali Baloch RA) enteredmy grandfather's bungalow and telling employees that he was a cricketer, enquires about.

As usual, I had locked myself in my room to perform my daily wazaif and awraad. I hear a knock on the door, a man enters, respectfully kneels at the far end of the carpet, and tells me that he had been looking for me for centuries. Later he said "I have brought a message from your Grandmother (Bibi Jiji Mithi RA Kunri), from Sultanabad. I thought he must be some shrine worker and decided to interrogate him in a routine manner. But to my astonishment, he

# **Chapter on Tariqat, Ma'arfat and Spirituality**

Friends! If you look at any aspect related to the creation of the universe, you will find one thing common. Be it soil, mountains, different types of minerals, even the oceanic reservoirs; they are all related to the soil in one form or the other. If they did not originate from soil they end up in the soil. When the sea dries up it leaves behind soil. The great prehistoric ruins that you see, were far different from what they are today.

Similarly, my friends, man is also made from dust and will end up in dust no matter where he may be. Friends, a human being is like a clay castle whose parts are made of clay. The point to note is that while our Master (Allah SWT) has chosen a guest watchman (the soul) for this castle (the body) He has also left its enemy, the Nafs as a traitor within. The Nafs is actively trying to take over the thrown (the heart) decorated for the Master (Allah), in an aim to control the armed forces (human's hands, feet, eyes, ears and nose, etc), at its will. But if the soul learns the art of conquering its internal enemy (the Nafs) through a good friend who knows how to defeat it -then the art of conquering the treacherous Nafs, exposing its wicked tricks and overpowering it to save the body's throne (the heart) is called Ma'arfat. The one who facilitates this process is the Murshid, and the practice of Murshad's advice is known as Tarigat.

Friends, spiritualism is all about purity. It's not about magic, stunts, extravagant dressing and appearance, stories, miracles, fraudulent practices, fancy words - or using spiritualism as a source of earning and getting one's photos published to act famous - all these things have nothing to do with spirituality. Spiritualism is directly connected with the soul. Lacking any shape or form, spirituality dives straight in, enlightens the heart and washes away all the worldly desires. It teaches us perseverance, and guides us towards to path of Allah's oneness, towards. Striving to achieve the targets set by the teacher or mentor withoutworrying about what people say - only to seek the happiness and blessings of our Muhammad beloved Prophet (SAW). Spirituality is not acquired; its spontaneous. It's love at first sight – the lover gives away hisheart without thinking and the beloved (Murshid) accepts it without any material desire.

Friends! our (Qalandari) philosophy is not compatible with today's capitalist approach. May Allah protect and support us.

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tells everything about the appearance of my grandmother (Bibi Jiji Mithi RA Kunri) and things about my grandfather (Saeen Abdul Rehman Shah RA). He repeats word for word my grandmother's message and my dream and things about them which I was already aware of. This stranger (Saeen Muhammad Ali Baloch RA) kept on weeping during the entire duration of our meeting.

After entrusting me with the message he asks me to pay my respects at my grand father's grave and to come with him to meet his Murshid, Saeen Ahmed Ali Qureshi (RA) in Islamabad. He also asks me to visit him at his store in Sultanabad. Before, he leaves, we have a telephonic conversation with Baba Saeen (Saeen Ahmed Ali Qureshi).

What you need to understand is that as soon as I was entrusted with the spiritual duties, responsibilities of my elders and spiritual mysteries, I began to see the hidden secrets of an entirely new world. On the one hand was my theoretical knowledge and stories, and on the other were the spiritual blessings. My friends understand this; spirituality cannot be obtained through words. It requires spiritual blessings (of a Murshid). You must learn to value it.

Friends! Spirituality is not about merry dreams and wishes - practicing it only when your desire, and then leaving or forgetting about it when life becomes busy - only to return again suddenly when going through a difficult time. There is nothing wrong with turning back, as repentance is a good thing. But doing something without greed, expecting something in return, or without thinking about the results; separation from these illusions is the true meaning of spirituality.

The sacrifices made by our Holy Prophet (SAW), his noble companions and the Ahl-e-Bayt are perfect examples; No ulterior motives and no obstacle, simply following instructions and guidelines and exponentially growing in number in the process. This is just asif we keep adding zeroes to the digit one, it becomes a billion – one attracts many more with their character.

Friends, this (Sufism) is a life long journey; you cannot cross this river in one leap. Either you build a boat, or you become an expert swimmer. Friends, get onboard the boat (of mysticism); ask the boatman to steer you, or learn to swim from an expert swimmer. Both are viable options, and both have their own pleasure.

\* \* \*

Friends! There is a vast difference between a "thinker" and a "doer". You may have noticed that it is easy and fun to give free advice. Anyone can do it, and it costs nothing. If you ask your friends about some disease, then all of them will start offering their opinions like experienced Doctors, Hakeems, or learned Professors. However, after a while, you will find themselves discussing their own medical problems and illnesses with you. The reality is that these people have only read or listened to these medical opinions somewhere, but have never used themselves, nor do they know how to use them. They just want to impress people with their fancy words.

Similarly, if everyone can become a doctor or an engineer after reading books, then what is the point of having a teacher? The real thing is the application of knowledge, and the difference between thinking and practically doing something is called Tariqat.

\* \* \*

Friends! It is not surprising if someone gets bitten by a rabid dog. But when a pet dog becomes rabid and bites, it is a concern. Trust is a bridge between wisdom and knowledge, but in the case of Ishq (divine love), there is no bridge; you have to swim your way across. The greater the attractions of this world appear, the more pain and suffering they will afflict.

Life is useless without perseverance. It is difficult to reach your (spiritual) destination without knowing the path of Tariqat (divine journey). Unfulfilled dreams cause nothing but restlessness. If someone is tired and makes rest stops, but slowly and consistently continues to walk towards the path, stopping only to regain strength, he will ultimately reach his destination one day. Even if he can't reach, he can still smell its (divine) fragrance.

Friends, this is the journey of love, and you are the ambassador. May Allah be your guardian.

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My spiritual children, we do not believe in renouncing this world. We have before us the whole life of our beloved Prophet (peace be upon him) as a model. We must adopt his Sirah and live according to his teachings and enjoy all the blessings of the world. But while benefitting from these blessings, whether they are related to knowledge, science or business, we must also prepare for the journey that each of us has to perform one day. Friends try to come close to the Rehmat e Mohammadi (SAW) that Allah (SWT) has blessed us with, by acquiringa passion for reciting Durood Sharif and Immersing yourself in it.

May this blessing be a source of Allah's mercy for us in this world and the here after.

\* \* \*

Friends! The one who is searching for pearls does not have second thoughts about diving into the sea. The desire for finding the jewels compels him to do so. In the same way, one cannot put numbers on the beloved's beautiful smile. Love follows no time – it depends on when our beloved Saeen (SAW) wills. Thus, never leave this path or go astray once you enter it. Our task is to tread, Allah is the one guides us to the destination.

\* \* \*

Friends! There is a saying in Sindhi,

# "اسان لڏڻ ۾ ۽ چري اڏڻ ۾"

meaning that we are planning for the hereafter, and the foolish people are still busy building their worldly assets. These are the words of a Sufi saint, in which "we" implies the world, i.e., its inhabitants. This worldly life is temporary; no matter how long we live or how many tactics we use, we will have to leave this world one day. If this were not the case, the rich and the kings, who have all the resources of this world at their disposal, would have inevitably found some way of becoming immortal. But only our Master, Al Hayyul Qayyum is immortal.

Hence, the Sufi dervishes say that the blessings of Allah – the only immortal one – which are mentioned in the Surah Rehman, whether of this world or the Hereafter, require constant struggle to achieve. While the worldly blessings will surely end one day, the blessings of the Hereafter will remain forever. The Sufi then addresses the people of this world who become so captivated in this world that they forget about the Hereafter. The Sufi also advises that there is no harm in benefitting from the blessings and comforts of this world, but one should never become so engrossed or arrogant that one begins to believe in the illusion of living in this world forever. (This is because) when it will be your time to leave this earth, you will be sad and worried about the loss of your worldly possessions.

something that is better for us. Only, we may take time to realize this. We pray for what we think is good for us, but we may be treated like WatayooFaqeer, and may have to live with the results for the rest of our lives.

In the same manner, love of wealth and power can become a rope in our neck. Once watayoo received a coin in alms. He did not know where to keep it safe. He wandered about in distress. Finally, he decided to bury it under the roots of a tree. When he had buried it, he felt relived, and went to sleep peacefully.

A thief had been following him. When Watayoo was asleep, the thief cut the tree and took the coin buried under its roots. When Watayoo got up and found the tree cut down. He said" I thank Allah. I could have been cut down instead of the tree!"

My friends, patience and persistence are strengths which help you avoid crossing limits. And in these Sufi stories, there is valuable wisdom which we must acquire. May Allah be with us all.

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My friends, a soofi named Watayoo lived in Sindh. He was like the well-known soofiDanyalBahlol who lived in the reign of Abbasi Khalifa Haroon ur Rasheed. Bahlool had the knack of saying bitter truths in indirect and palatable ways. Many wise sayings are attributed to him. Like Bahlool, WatayooFaqeer could also convey very wise things even in jest. But his simple words carried hidden in them many points of wisdom from which people benefit even today.

Once WatayooFaqeer was sitting atop a tree and requesting Allah for an ass as a means of conveyance. Soon, as an English officer was passing by, his she-ass gave birth to a baby ass. Watayoo was pleased, as he thought Allah had granted his wish in the form of the baby ass. So, he jumped down very happily. The Officer saw Wartayoo and said, "Good that you have come, Faqeer. Pick up this baby ass on your shoulders and come with me!" Watayoo looked up to the Heavens and said," Ya Allah, I had requested for an ass to carry me. Now I have to carry this ass! Either I made the wrong request, or You, my Lord, misinterpreted it!"

The lesson in this story is that our prayers are granted, but not always in the exact manner we request. Even then, hidden in the result is

Sufi saints always refer to the Nafs as a dog. We find different types of dogs. Some bite despite being looked after, some remain faithful even if they have to bear harsh treatment – like the Dog of the Ashab –e– Kahf. As the Quran says, their dog will be allowed into the Jannah. Some people keep dogs for safety. Now they are even being used for surveillance and intelligence. No one likes to adopt a rabid dog who misbehaves with its owner. Friends, your Nafs can turn into a rabid dog as well – even your relatives or friends. May Allah protect us from these rabid dogs.

\* \* \*

Friends! When Awliya Allah ascend to the state of Ma'arfat, they bow down and leave all their matters in Allah's (SWT) hands. Not a second goes in their lives when they are not engulfed in Allah's remembrance. They get a new life, one which is disconnected from their own will and likings. Their every action belongs to Allah (SWT). Such personalities are the graduates of the Qaladari school of divine love.

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Friends! The great Sindhi Sufi poet Bhatt Shah says:

Meaning: When Awliya Allah bow before Allah holding their knees with their palms and fix their attention on their hearts, their hearts shine like Mount Seena where Allah cast a reflection of His Radiance and Moses (AS) fell unconscious.

Friends, Allah Almighty has blessed man with a body which is not just bones and meat; The secret of what lies within must be understood. The human locations where divine body has seven manifestations appear in different colours. The names of these seven places are (Akhfi, Khafi, Sirri, Rooh, Qalb and Nafs), and they have been endowed with animal souls, human souls and divine souls. In mystical terms, these locations are called the "Lutaif-e-Khamsa". The system operates like a generator that is powering seven bulbs with lights of different colours. When these lights shine, they turn the rust and darkness that had made our body a dark prison into a well-lit palace; a place where the owner (Allah SWT) sits and provides comfort.

Only Select friends of Allah get connected to Him and get bestowed with His secrets. Friends, these are lessons in mysticism and May Allah bless us with this divine knowledge.

Friends! We have two types of trees in this world; ones that give shade to animals and travellers and protect them from heat, and the other type which give us fruit and nourishment. While each type of tree develops from a seed, a tree cannot bear fruit without the supervision of a gardener. But, at the same time we see that even the branches of a single tree differ from each other. Some are straight, others are curled or bent. It is easier to pluck fruits from the lower branches than the ones at the top.

Friends! ponder at this phenomenon. It's up to you which type of tree you wish to become. The shady trees— despite their usefulness— are cut as soon as they stop offering shelter. The same happens to the fruit trees, but they generally remain useful for longer periods. The shady trees are suitable for preaching, while the fruit trees are useful because they distribute their produce— their seeds are collected sowed again.

\* \* \*

Friends! the great Sufi poet Shah Bhitai (RA) once said:

Water is always colourless. If it changes its colour, it will not remain fit for consumption. The poet says it's not the water's fault if it changes colour. Rather, the birds are to be held accountable which dirtied it. Geese, which always drink clear water, feel embarrassed that crows have made the water unclean.

Friends, the reason for giving this example is that the good natured people in this world are amazed at what this world has turned into. Today, respect is non-existent. Whether its business, religion, social affairs or politics, everything has been overshadowed by hatred. If you come to know about a source of clean water, even in a minute quantity, go there immediately – you will benefit immensely from it. Otherwise, if you keep on drinking murky water, you will have stomach upset and ulceration (in the spiritual context), whose only cure is prevention by drinking clean water.

Friends! Let us drink the clean and pure water of Durood Pak to replenish our spiritual health— and also give this remedy to other so that theycan prevent Satanic ulcerations.

# **Chapter on Reformation**

Friends we are weak and helpless people in front of the all-knowing Allah (SWT) and His Prophet (SAW). We only have the option to repent and seek forgiveness. The second option is to follow the teachings of our beloved Prophet Muhammad (SAW). We can cry in our prayers – what else can us weak and powerless humans do? The ones who had the delusion of being powerful, thev ended impoverished and destitute - failing in every field of life despite having the resources. On the other hand, the feeble and the powerless, who apparently had no one to look after, often succeedede -simply because of their staunch resolve and unwavering trust in Allah (SWT) and His Prophet (SAW). The ones who tried to control the world with their ploys and tricks, they ultimately got tired, and had to bowand kneel in front of their Creator (SWT) out of weakness.

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Friends! There are two types of flowers; the fragrant ones and, others which only appear pleasant from a distance. We find both kinds of flowers at our homes, gardens, and parks. Just like these flowers, we come across different types of people. Some of them are well-dressed, eloquent, free-advice givers, and the ones who make tall claims. But we don't find the fragrance of true love and faithful application of their words in their personalities. No matter how good they look, they lack peace of mind, because of the mismatch in their words and actions. Hidden inside them is some hypocritical personality which belies all their claims and exposes them at critical times.

Friends, fragrant flowers (persons) may not speak but their fragrance can be smelled from far away. This fragrance is so drenched with love that it does not remain hidden for long. These flowers have a special characteristic; they lend fragrance even to those lacking it. This is an important point to understand. Don't go for sweet words. Loyalty, though bitter, gives a sweet result.

Friends! there was a time when wild animals used to roam freely in the villages, especially the vultures and crows andfed on dead animals. Now, they are found rarely. Once, a Sufi expressed his view on this matter and said that the humans have replaced them. Our beloved Prophet (SAW) says:

"There will be no distinction between Halal and Haram near the end of time". Today, people prefer worldly comforts and desires over the Hereafter. There is no demarcation between right and wrong – one can do anything.

What is more astonishing is that people who recite Durood Pak are considered bad and flawed, and the society wants them to become just like everyone else. Unfortunately, no one raises voice against the prevalent wrongdoings— because everyone fears the wrong doers. They are harshand cause harm, while the ones who recite Durood Pak are soft spoken and tolerant.

Friends, keep your tongues moist with the Durood Pak. We are on the right track, no matter what others say. We tread the path of peace and eternal life (of the Hereafter).

\* \* \*

Friends, humans are inherently greedy. We wish to obtain everything ahead of its time, and to utilize all our resources to fulfil our worldly desires. But Allah has other plans. Fate cannot be altered with tricks and tactics – it can only be changed if Allah (SWT) wills.

In my opinion, there is no remedy better than Durood Pak which can soften a stone. But it requires trust and strong belief. Instead of crying over our fate, we should seek Allah's (SWT) blessing which He has mentioned Himself.

On the other hand, we should utilize all our worldly resources permitted byour Prophet's (SAW) to achieve our desired results, but then, we must leave the rest to Allah (SWT). He knows what is best for us. May Allah grant us the ability to think positively.

(SWT) has given us a comprehensive code covering all aspects of life in this world in the form of the (the Holy Qur'an) and the Hadeeth which latter is a narration of the life of His representative and Mehboob (SAW) and the examples of the Prophet's followers. If there ever arose an ambiguity, the scholars and Sufis of that time practically demonstrated it to clear the confusion.

That is how we are connected under one law. No matter how modern and liberal we may call ourselves, from our birthto the last journey of life, we are not free. We are so helpless that if any part of our body becomes incapacitated, we are unable to control it. Now it is time to think about why one should not follow a defined set of rules. As narrated in the Hadith from Hazrat Abu Hurayrah (RA), "This world is a dungeon for a believer and the paradise for the infidel." (Sunan al-Tirmidhi: 2324).

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Friends, Latif Saeen (RA) once said:

In life's journey, I met various companions and we shared conversations of love and affection. We saw each other to our heart' fill. But we could not clearly understand their personality at that time, until it was too late.

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Friends! Today a liberal ideology is becoming popular among people. There is no harm in practicing it; every human is the master of hisown will. But even the liberals are also bound in one form or the other. If one works in an office or institution, one has to abide by the rules and regulations if one wishes to continue working there. Similarly, if you live in a joint family system, you have to live according to the norms of the household. If you are traveling, regardless of whether it is a bus or an airoplane, you have to follow the applicable rules and regulations. If you are traveling with friends, you need to consider their comfort and wellbeing as well.

In the same way, no matter how very openminded you are, you have to follow the customs and traditions of your neighbourhood and the society. Just like you have to take the medicine and precautions prescribed by the doctor should you fall ill. Also, it will not be possible for you to live in a country if you do not obey its laws.

In the same way, while looking after your human needs, you must learn the difference between the lifestyle of humans and other creatures. You must learn to differentiate between humans, and beasts disguised as humans. Whether a free thinker or not, if you cannot follow the law, you cannot lead a disciplined life.

In this world, religious and financial matters are intertwined through certain laws and regulations. Islam is a complete religion that offers a comprehensive set of rules and standards which humans shouldabide by in their lives. The Creator

Friends! every man-made thing has to go through a process before being manufactured. A silversmith first softens the alloy by heating it (today people use modern systems, though), so that it can be moulded as needed and turned into a piece of art.

How beautiful and attractive do these gold and silver ornaments look? In reality, they are made from the combination of various metals. Similarly, alloys such as copper and silver are also made from different metals. When one sets off to achieve greatness, whether worldly or spiritual, they have to face several challenges, tests and difficulties. Only then they can achieve excellence.

Friends! all the Sufi saintsput their followers to extreme tests and challenges – to strengthen them, enabling them to broadcast their messages for the centuries to come. The inexperienced ones who managed to become their spiritual heirs, they injected their self-made stories and concoctions into the teachings of their ancestors. This led to irreparable damages of catastrophic proportions. Shah Saeen (RA) once said:

If you wish to find a silversmith (who can mould your life), first be ready to sacrifice yourselfand to endure the blows of his hammer. Then one day, you will be stronger than the Khudrak tree. One has to follow the teachings of the Sufi Saints if one wishes to achieve any worthwhileposition.

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Friends, our organization follows the Sufi school of thought; we shun sectarianism and hateful attitude. We believe that it is better to do practical work than to waste time indulging in useless personal and ideological discussions. Surely this question might have crossed your mind, "who are we?" The answer is simple - we are directionless people who have been used by others one way or the other; for personal reasons, for financial gain, or other deceitful purposes. In this exhausted state when we start reciting Durood-e-Pak on the advice of some pious person, and keep ourselves clean (remain in wazoo), our troubled souls begin to feel comfort. And when suchdistressed people offer Durood-e-Pak in abundance, they develop reverence and love for the person (Prophet Muhammad SAW) to whom they are offering the Durood. A desire to learn about his blessed life kindles. One adopts this sacred personality as his ideal dispelling all other temporary and fabricated ideals. As a result, one gets associated and spiritually connected with those who love this personality (Prophet Muhammad SAW).

Once you have acquired the art of love from these people, you break free of all the difficulties and hurdles created by the society. These people, who are brimming with extreme love for Prophet Muhammad (SAW) are called Sufis; their education and spiritual training is in accordance with the teachings of their beloved ideal, i.e. Prophet Muhammad (SAW). While this is the true meaning of Sufism, we cannot stop counterfeit models that appear in the market in the name of Sufism. But our purpose is clear. Friends! Spirituality is our way of life. This is the way of purity that encompasses all aspects of life including personal and social reformation with patience and love instead of criticism. By practicing these teachings that we have inherited, we can strengthen both our bodies and souls. May Allah be the supporter of us all.

My child, repentance is truly a blessing from Allah (SWT). May Allah bless you. Son, you must realize that recitation of Durood-e-Pak is a great blessing. Whosoever makes Durood-e-Pak a part of his routine, is bound tosuccessed in the challenges of this life and the Hereafter. Develop persistence. Set a daily target for reciting Durood-e-Pak. If you make a habit of reciting at least 3,000 times each day, all the worldly worries will vanish, and vou will feel a new wave of internal peace and happiness in life. All hidden and open enemies will be eliminated, and with the Grace of the Almighty you will be rid of all kinds of physical and spiritual diseases, debt and financial worries. All you need to do is to develop the passion of keeping your Beloved Karim (PBUH) the foremost and the most beloved. May Allah bless you with real happiness.

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Friends! We are all living in this temporary world as long asour lives permit. Then why should we waste our limited time on jealousy, hatred, and malice? We cannot write our destiny, but that should not prevent us from strategizing. And the best strategy for success we have is the abundance of Durood Pak. Doing so will bring us out of the darkness of sin towards the light of the truth, as our beloved Prophet (SAW) Himself has said that he will personally take responsibility of the one who recites Durood Pak abundantly. Thus, my friends, develop a habit of reciting Durood Pak in abundance.

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Friends! Maulana Rum (RA) once said:

It's (Allah's) love that makes one achieve excellence, and if it doesn't, this loves itself will prove detrimental for him. Life is a blessing which has been endowed upon us. From childhood to primary education, livelihood, life-partner, upbringing of children and looking after the parents - These are all integral components of life - just like our Prophet Muhammad's (SAW) obeving instructions and teachings. Achieving these life continuousstruggles goals requires and commitment. You cannot finish a goal unless you have passion for it. We call it "Ishq".

Everyone has their own aspirations, and the desire to fulfil them fuels passion. Unlike common people, there are others who fulfil these duties as "HaquqUllah" (rights of humans toward Allah SWT). They try to maintain a balance between the rights of Allah (SWT) and His creation. However, they tend to be more cautious regarding the former.

Friends, (Qalandaris) your struggle to balance life's responsibilities with the preaching of Durood Pak, is also a form of "Ishq". This passion of yours will entitle you to such blessings from Allah which will ease your worldly affairs. May Allah be our supporter and protector, InShaAllah.

Friends! We often hear such and such a person gets so much respect in the society and wonder why we don't? Why do we not analyze our own behavior? what it is and what it should be? If we contemplate just a little, start respecting others, and devote our lives to helping others for the pleasure of Allah, we will then surely find happiness as well as respectability entering our lives. This is how our character should be; to learn the art of preaching others to recite Durood Sharif and change their lives for the sake of Allah; to bring these astray people back to their lost path (towards Allah) - and to make them understand – that this is where destiny changes. Let us also change our destiny. The purpose of reciting Durood-e-Sharif is nothing but to adopt the teachings of the Prophet (PBUH) whole heartedly. If you want to get close to the Holy Prophet (SAW), Durood Sharif is the route. May Allah keep us all happy, Ameen.

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## **Chapter of Unity in Character**

Every person has a different mentality. Keep this in mind when you talk to people. We must learn how to talk to people according to their level of understanding and social status, especially when preaching. This is our main aim. Because we live for a cause – to spread our message and help people achieve greatness. We find such examples in the lives of Sufi saints where they set aside their self-respect and disregarded their pains and woes, only to bring joy to other people. I have seen such instances withmy own eyes. Such personalities remain in people's hearts forever.

Once, I and Saeen Muhammad Ali (RA) went to see Saeen Ahmed Ali Qureshi (RA) on his deathbed. Even in that condition, his face lightened up upon seeing us. We were astonished to see that disregarding his own pain, he was more concerned about us and had ordered friends around him to serve us refreshments. At that time, he also ordered Saeen Muhammad Ali (RA) to spread the message of Durood Pak across the globe. His words had such a deep influence on Saeen Muhammad Ali (RA) that he did not take a single day's break in his duties, not even during severe illness.

Friends! learn to tolerate each other (you are not indispensable). Awliya Allah have no shortage of servants – if one goes the other takes their place. They know how to get Allah's work done. May Allah (SWT) keep us all happy.

Friends! the days and nights of this life are truly intriguing. Getting the love of your parents during childhood, particularly the paternal affection of our fathers despite our mischiefs and coquetting; the fights and play between the siblings, everything turns into a distant memory. Then the education and beautiful friendships of the school days, those day fly by as well.

Then one steps in the age of mid-forty, the era when one spends one'sentire energies in the greed to conquer the world. At times, illiterate people accumulate great wealth while others are unable to do so despite being educated. And then comes the age of sixties, when one gets tired. Despite efforts, one is unable to retain the beauty and youthful looks. Wrinkles appear and serve as a reminder that once this face was charming, but now look at your helpless being – which you were so proud.

When one turns seventy, he loses his jobs, positions and entitlements. No more guards, peons or people showering praises; only loneliness remains. Illness overpowers your once healthy body; even relatives grow weary of you. A time comes when all the wealth, property and possessions become worthless. But, if we follow the teachings of our beloved Prophet (SAW) during our youth and consider life as Allah's gift, then we will not face shame or remorse in old age. Because you have already made the preparations and you don't have to worry about losing anything.

My point, get closer to Prophet Muhammad (SAW) through abundance of Durood Pak. You will be reverred and people will follow you, even after leaving this world. This is the Qalandari ideology and thinking, which may Allah (SWT) bless everyone with.

# **Chapter on Qalandari Ideology**

Friends! we arrived in this world, and we shall leave it in the same way. During this life, humans try different ways to manage their loneliness. A child considers his mother's lap and milk as the first life support. When he grows up, he finds a class-fellow to support him in his studies and recreational activities. Later, he finds a means of earning to fulfil his worldly needs. Utilizes latest technology to remain in contact with his friends. Then, when one gets old, one finds support in their grandchildren. Finally, a time comes when he is left all alone – just like the way one came into this world.

Friends! the point is, that Pharaoh depended on magicians and his strong army to defeat Moses (AS) but was still defeated and drowned in the sea. Nimrodwas proud of the doctors in his kingdom, but he was left helpless by a tiny mosquito.

Today, when the world is increasingly becoming dependent on latest technology, unknown viruses have completely secluded us from our relatives and friends. There is no harm in utilizing technology, but we must also pay heed to the teachings of the Sufi saints – which are an extract of what the Quran and our Prophet (SAW) instruct us – that is, to find everlasting support, one that supports you unconditionally when you are left all alone. And this precisely is our organization's manifesto.

Let us try to search for the path that leads to this infinite support, through abundance of Durood Pak, which brings us closer to our Prophet (SAW) who will never leave us alone. Just like Imam Hussain (AS) never felt he was supportless, even at the ground of Karbala, he followed the Prophetic teachings and pleaded for Allah's (SWT) support by bowing in front of Him.

This is the Qalandari ideology which is being taught to us.

derived from the greatest teachers of all times, Prophet Muhammad (SAW) – which continue to guide us till date.

Thus, get connected and closer to our Prophet (SAW) through the abundant recitation of Durood Pak, and then preaching it to others. Hopefully, everyone will gain sense.

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Friends! Life revolves around contiuous struggles and efforts. Even a mother does not feed a child who does not cry. And from here, one's life struggles begin. Later come the effort to surpass one's siblings and relatives in terms of education, fame, politics, office and business. Simply put, we have to face challenges at each step of life. Likewise, a Sufi begins a never-ending war to tame his Nafs which only culminates with death.

Similarly, a teacher must improvise to teach his students. Just like one takes precautions during illness, a loan sharkpractices patience to find alone prey. Apolitician temporarily becomes caring and helping to gain votes, an experienced teacher initially has to improvise to make their students follow their ideology – ust asparents encourage children to study by offering them sweets and chocolates.

Anyhow, life is filled with joys and sorrows which no one can escape. A Sufi is like a skilled warrior who remains constantly at war with hisNafs and physical being. If this Sufi lacks necessary weapons, he is bound to fail. If he is appropriately armed, he has brighter chances of succeeding. We have a weapon in the form of Durood Pak which guarantees our success. Although, expediency may be required at times. May Allah be your protector and supporter.

\* \* \*

#### **Chapter on Sufism**

Friends! if one judges people based on their status, dressing, possessions, and the way they talk, instead of on how capable, educated intelligent or honest they are, then, he will also be judged similarly. God forbid, a slight discrepancy in these materialistic parameters can end friendships and relations. How will relationship survive if they are based on material gains? We should be prepared to reap what we sow. When everything is based on worldly benefit, imagine what will happen when this bubble bursts? Then humans turn into animals.

To catch their prey, animals fight, lock their horns and kick each other. If the opponent is weak, they will snatch the prey. Otherwise, they will accept defeat and move in search for another target. If they can find a prey, good. If not, then they will survive on whatever they have stored.

You can only expect one to behave like an animal once they acquire animal traits. But one will surely feel remorse one day and will have to return to the pure and loyal relations which are cemented together with love; the ones that are based on the natural human principles.

Different religions have defined their laws, especially Islam. Our leader, Prophet Muhammad (SAW) followed these laws and set an example for the rest of the world. Even his followershave left behind abundant teachings for us to follow. The speeches of the flagbearers of modern animal and human rights are worthless in front of the teachings of the Sufi saints of the Indian subcontinent on the sanctity of humanity. This is because these teachings were

achieve their gaols, instead of realizing their mistakes, they start blaming Sufism.

Today, anyone can become the caretaker of a shrine and gain worldly benefits - by simply narrating a false dream (relating a false dream about a Sufi saint saying that they have been chosen) - this is not the way of the Sufi saints. Their goal is to bring people towards Allah (SWT), and to reform them in the light of our religious teachings to make them useful and active members of the society. To make them realize that Allah (SWT) is the Forgiver Qalandaris, do not tread on the prohibited paths like drugs and killing. Leave these and follow the path that leads to our Prophet Muhammad (SAW). You can do this by reciting Durood Pak in abundance. Once you get closer to him, your entire life will be transformed. You will develop coherence in your thoughts and begin to feel happy and relaxed. You will begin to differentiate between your friends and enemies. You will lose your deceitful habits and you will never hurt anyone again. May Allah be our supporter and Protector. Amen.

\* \* \*

Friends! I was unaware of humanity. I was uneducated; religion, to me was merely a ritual. I had ventured so far into the worldly life where it was virtually impossible to return (This is the story of a common man).

Our Lord (SWT) created the human life, placed the Nafs inside it, and then declared manHis most superior creation. Naturally, one can only become eligible to different positions and titles after going through different exams and challenges. The higher the position, the higher are the rewards and so are the stakes and punishment. In case of failure, one is taught to be hopeful of mercy and ask forgiveness. With such numerous ways available for seeking forgiveness, it is really hard to become hopeless or disappointed.

Allah (SWT) sent close to 1,25,000 Prophets, in addition to His pious people to reform mankind. None of them has ever expressed the desire to buyworldly benefits in exchange of their religious duties. As exceptions, some greedy people falsely claim to possess spirituality and establish shrines to use them for worldly benefits and tarnish the names of the true Sufi saints. The people who visit these false Sufis are equally responsible for the damage caused. That is because these people think spirituality is all about actionless prayers, extravagance, spells and magic. When they can't

Friends! it is obligatory upon a Sufi to: Have a belief based on Surah Ikhlas. His faith is representative of the six kalimas, and he must recite them day and night, with translation.

His faith should be like

His voice should be like,

His love for his Prophet (SAW) should be like

Say, "If you love Allah, then follow me, Allah will love you, and forgive you, Allah, is Most Merciful." And hispath should be like this verse of the Holy Our'an:

And his faith should be like the following verse of the Quran:

" يَأَيُّهَا النَّهِيُّ إِنَّا أَرْسَلْنَاكَ شَاهِدًا وَمُبَشِّرًا وَنَذِيرًا (45) (Surah Al Ahzab

His belief in Prophet Muhammad (SAW) being the last Prophet should be as strong as:

Friends we are living in such troubling times where we find evil practices in every walk of life. The seas of love are drying up while the wind of hatred blows. In these times, (I worry) if the innocent flowers of love get trampled upon, how will the humankind find peace in the absence of shade and protection. (I worry about) the birds, who feed on passion and affection, who may die under siege from the greedy and materialistic.

In such times, widespread evil will divide us based on our colour, race, culture, sect, tribes and languages. Hatred will be so widespread that humans will treat others according to their nuisance value. The seeds of hatred will grow into a tree and a never-ending conflict will engulf the society and cause irreparable loss by eliminating many human generations. We are living in times when tolerance and patience are hard to find. Everyone is running after their desires, completely oblivious of how it is going to end.

The Sufi saints have always preached tolerance and patience, to help and facilitate others, and to replace hatred with love. Even after they passed away, they are still spreading love. The source of their teachings was the character of Prophet Muhammad (SAW) who is the greatest teacher of all times.

Today, we feel so alone and helpless. I request you: let us vow again to spread love and shun hatred. To do this, we have to seek blessings of the All-Merciful Prophet Muhammad (SAW), which is only possible through the abundance of Durood Pak.

Friends! if you have the delusion that you are the owner of your possessions - your money, resources, positions, power and worldly comforts, then these are mere short-term thoughts. We want everything to obey us, but this is only a theoretical possibility, and the pursuit of fulfilment of this desire has made us restless and mad. Would that, if my such and such relative had said such and such; if my friend had done such and such; we want complete control over everything. To do this, you have to connect with people who are associated with the Almighty Allah (SWT), who controls everything -. Surrender yourself completely according to Allah's order and stop violating them, follow the ordersof Allah (SWT) and His beloved Prophet (SAW); all your affairs will be eased, you will not feel any sorrow. Regardless of whether your wishes come true or not, you will have no grief, no worries. Let us connect with Allah (SWT) and His Messenger (SAW) through Durood Pak.

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مَاكَانَ مُحَمَّدٌ اَبَآ اَحَدِ مِّنْ رِّجَالِكُمْ وَلَكِنْ رَّسُولَ اللهِ وَخَاتُمُ النَّبِيِّنَ وَكَانَ اللهُ بِكُلِّ شَيْءٍ عَلِيْمًا (Al Ahzab (40))

He:

Should be like Ali (AS) in perseverance.

Follow Imam Hassan (AS) in expediency.

Follow Imam Hussain (AS) in patience.

Should Worship in silence like Imam Zainal Abidin.

Love like an Owaisi

Searching for Shams Tabriz like Rumi (RA)

Ideology should be similar to Kashf al-Mahjoob, and Imam al-Ghazali's (RA) books Ahyaa al-Uloom, Fiqr Latifi and Igbaliyat.

The style of preaching should be like that of Khawaja Moinuddin Chishti Ajmeri (RA)

His desires should be pure, free from greed and self-interests.

If someone is like this then he is really following the mystical way of life. Otherwise, everyone is entitled to their own opinion.

Friends! Just as a student needs a teacher to gain worldly knowledge and learn skills in every field of life, spiritual knowledge also cannot be gained without the guidance of a mentor. It does not matter what you call that teacher.

Every form of learning comprises of two aspects: teaching and training, that is, to show how something is done practically. It is the prerogative of the teacher as to which type of learning methodology, he uses to train his students. Teaching demands as much of the teacher as of the student.

Since spiritual learning and knowledge is directly connected to the spirit, much greater care must be exercised. Knowledge is obtained through ears, eyes, heart, soul and mind. Hence, it is imperative that these human senses must be functional. Some teachers ask their students to recite "wazaif" for cleaning their hearts and to keep them focused in their quest for spiritual knowledge, while others assign various responsibilities to their students, such as offering food and water to the guests. Teachers assign these responsibilities according to the personality and intellectual level of the students.

In this modern age, we have been tasked with reciting and teaching the Durood-e-Pak. There are many reasons behind this; the first is to seek Allah's blessings and facilitation by reciting during routine daily work. The second and more important reason is to help us get closer to the Prophet (PBUH) through abundant recitation of the Durood-e-Pak, allowing us to progress in the light of His (PBUH) teachings.

Friends, courage is a blessing. It is a weapon that equips you to fight with the worldly desires, customs, injustices, and incorrect decisions. Watching your desires getting trampled in front of the world with patience is the true meaning of courage.

Friends, your enemy can take on different forms and colours. He comes at you with different appearances, looking like your relative and loyal friends. He uses various discreet and open methods – in the form of your Nafs, or your colourful outward appearance – and you are defeated instantly. Trust is like a blind horse; you have to be careful. We have to ensure at every step we will not get defeated. How can someone defeat us when we don't want to defeat them?

be hurt. A great teacher instils the feelings of patience and tolerance in the student, as the teacher has connected himself completely with Allah (SWT) and eliminated his internal self – only the body remains. All his worldly desires have been eradicated.

A student will keep on thinking about his teacher and the lessons he has taught at all times. Despite transient deviation of his attention towards the worldly affairs and occasional mistakes a student's love for their teacher will never fade. Similarly, a great teacher will never let his student wander alone in despair. He will constantly pray for his student in front of Allah (SWT) but will never let his student know about it and continue to discharge his spiritual duties. A teacher strives tirelessly to strengthen his student's relationship with Allah (SWT) and His beloved Prophet (SAW) – this is their foremost wish.

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# Chapter on the Student and the Path of Spirituality

Friends, the relationship between a father, a teacher and a Murshid with their child, student, or follower is nothing but a challenge if someone wants to learn. Otherwise, it can be regarded as a mere ritual. Not only is this relationship important for the student, but equally important for the teacher. Because this is a spiritual relationship, it must not be tainted with the worldly affairs, like we commonly observe these days. Although no one has the right to criticise anyone as everyone has a free will, but we strongly condemn this practice.

The student should have such a relation with their teacher that when they come in their teacher's presence they feel a strong attraction. The student would like to sit near them, kiss the teacher's hands and feet, hold their hands – but if one is a sincere teacher, they would never let this happen. But the desire for a student to love their teacher and keep themselves connected with them is reflective of his sincerity.

Although a great teacher will never speak about it, but these feelings are always there. When the student is not in the presence of his teacher, and someone talks about them, he gets a feeling or nostalgia. If someone criticises their teacher, he will

## Chapter on Leader, Teacher, and Murshid

Friends! Shah Bhitai (RA) once said:

اَندَر جُهڙُ جهورَ وَهي، بَهرِ ڪَڪَرُ نہ ڪوءِ، وَسائيندِي وِجُڙِي، حُبُ جَنهين کي هوءِ، لاَلَّ جَنِين لوءِ، سي اوڪاڻِين نہ اَکِيُون.

I saw people whos eyes always remained wet. Tears flowed through their eyes in the form of a stream without a physical reason. It seemed that their eyes are raining without any cloud. It was a strange site. As I went near and asked, I came to know that there is secret behind this, a secret love that can soften the stones, which creates streams, which makes a barren land fertile. These pious personalities have a spark inside them that generates love.

Friends, I myself witnessed that the eyes of Baba Saeen Ahmed Ali Qureshi (RA) would never stop raining. Today, we see people who like to cry vehemently in front of people in hopes of being recognized as pious. But those people were not like that. They were concerned about other people's feelings. Friends, those were the Ghauses of their times.

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Friends, spirituality is a pathway, an education which brings an untaught person – a student, also called a "salik— towards Allah (SWT). Normally, a teacher will test their students through different exams and challenges to change their frame of mind, the Qalandari ideology is different. It involves utilizing the latest trends and technology to attract the student and brain wash them. While the teacher discretely changes the students' mentality and brings them closer to their Creator (SWT), heensures that their daily lives and routines are unaltered.

Religious activities like prayers and fasting are obligatory – there is no escape from them, but spiritually adds sincerity and taste to them. Only select people achieve this level – the ones who are blessed with a company of an enlightened being; their feelings change altogether.

To bring a salik formally towards the Qalandari ideology, he is asked to practice abundant recitation of Durood Pak. So that hegets closer to the Prophet (SAW), develops reverence for Him and a desire to learn and mould his life according to the Prophetic teachings. Such a Salik is a blessing for the entire universe. His prayers are not just to own his benefit, rather they benefit everyone around him. He keeps on doing something that benefits everyone around him. Such people are also called the Sufis. After changing themselves, they set off to do good for others through worship and connection with Allah (SWT).

#### SYED GHULAM HAIDER SHAH QALANDARI'S

S.#	PUBLISHED BOOKS	S.#	NON PUBLISHED BOOKS
1	Muhnja Suhra Sujar (Poetry)	1	Medad-e-Ishq (Spirtual Speeches)
2	Bhali Charyo Chawn Marhoon (Gazal, Poetry)	2	Wardat-e-Ishq (Spirtual Speeches)
3	Nartoon Munjhan Neenh (Fazail-e- Darood Pak)	3	Bag-e-wafa Jon Ramzoon (Spirtual Coversation)
4	Ho Jai Halya Hangloor (Prose)	4	Lafzn Jo Jaar (Poetry)
5	Gonjya Geet Haider Ja (Poetry)	5	Sub Kuch Chalta Hai (Coulmns)
6	Azan-e-Ishq (Spirtual Speeches)	6	Raz-e-Ishq (Sayings)
7	Chand Chehro Mehboob Jo (Poetry)	7	Inam-e-Ishq (Question & Answers)
8	Pireen Jai Par Jon Galhyoon (Prose)	8	Be Sumjhe Ke Batain (Poetry)
9	Sajar Jin Khai Sadyo (Speeches Points)	9	Chodenh waro Chand (About Haji Muhammad Yousuf Shah R.A)
10	Ailan-e-Ishq (Spirtual Speeches)	10	Tahkan mai Takoro (Columns)
11	AASAR-E-QIYAMAT (Prose)	11	Jawan Jazba ae Porho Waqat (Columns)
12	Intaqal-e-Ishq Wisal-e-Yar (Poetry)	12	Romi Je Otak (Columns)
13	Nicharyo Nenh Jin Khai (Spirtual Conversation)	13	Jhonan Je Jhopri (Columns)
14	Hidayat Nama Sulook-e- Qalandari (Prose)	14	
15	Wafa-e-Muhammad الثانية	15	
16	Rugoon Thyoon Rubab (Zakar Azkar)	16	
17	Muthyoon Bhery Bujh (Columns)	17	
18	Safar-e-Ishq	18	
19	Maqam-e-Mohabbat	19	
20	Salient Message of Sufism	20	

My friends, clay remains valueless until it passes through the hands of an expert potter to become a precious commodity. The greater the skill of the potter, the better is the quality of the product. To produce a valuable product, he wets the clay, softens it and moulds it into the desired shape. Then he must bake it in a furnace and add colours as necessary to bring out a perfect and beautiful item of pottery. Marble or even gemstone is nothing but stone until it is cut, ground, and polished by an expert.

Likewise, man can not achieve perfection until he enriches his personality in the company of, and under the guidance of anaccomplished guide. Only that process can bring the best out of his personality and result in the blossoming of the flower of humanity in him that spreads its fragrance to others and attracts them.